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Cory Fischer

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### **POINTS OF INTEREST**

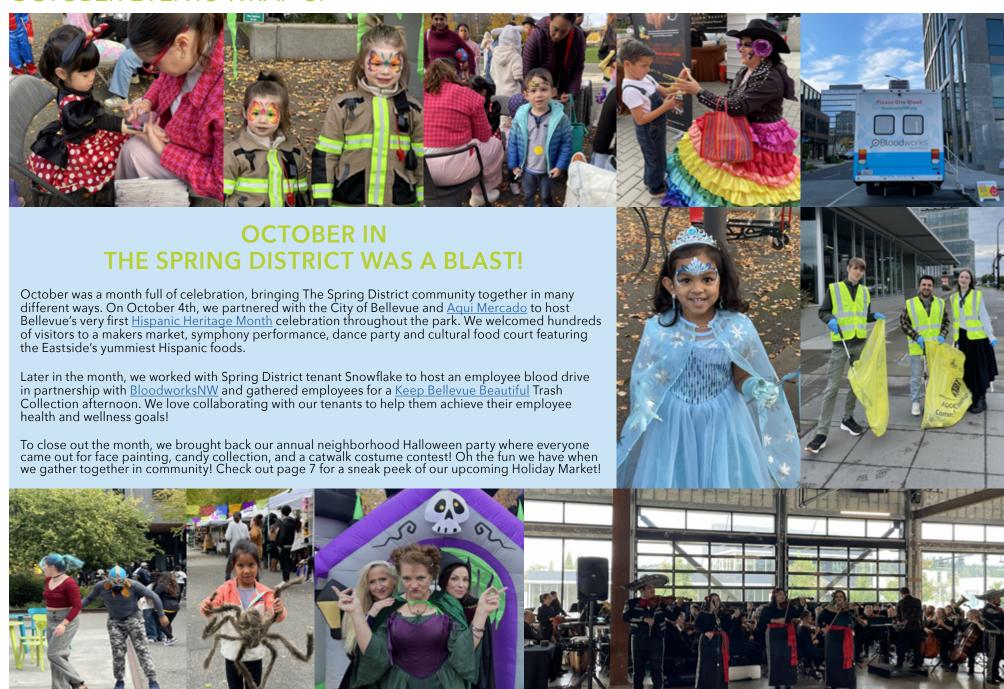
**Energy Awareness Month!** 

Getting to know TSD Team:

Cory Fischer

Thanksgiving Leftover Casserole Recipe

#### OCTOBER EVENTS WRAP-UP



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#### **NOVEMBER HOLIDAYS**

### **VETERAN'S DAY TUESDAY, NOVEMBER 11**

Originally celebrating the end of World War I, which ended the "eleventh hour of the eleventh day of the eleventh month," Veteran's Day is still observed on November 11th, preserving the historical significance of the date and continuing to pay respect to the many American soldiers for their service.

On Tuesday, November 11th you can attend the Eastside Veterans Day Ceremony at Sunset Hills Memorial Park and Funeral Home Chapel. This year honors, among other things, the 50th anniversary of the end of the Vietnam War. Learn more here.



## **THANKSGIVING THURSDAY, NOVEMBER 27**

During the Civil War, Sarah Joseph Hale, editor of a popular magazine, initiated the conversation about a national day of Thanksgiving. After receiving support from President Abraham Lincoln, Thanksgiving day was declared as a day to celebrate the fall harvest and other blessings throughout the year.

Thanksgiving initially was modeled after the first harvest celebration between the Pilgrims and the Wampanoag people in 1621. Modern Thanksgiving is a day of gathering together and celebrating family, eating a large meal, and watching sports.

If you are eager to kick off the holiday season, Bellevue's Snowflake Lane starts on Friday, November 28th and runs through Wednesday, December 24th. Learn more here.



#### NOVEMBER IS ENERGY AWARENESS MONTH



# Mindful Use Meaningful Impact

Our choices make ripples. Energy, water, and waste savings start with us.

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# Power Down, Save More

Office equipment left on overnight can lead to hundreds of wasted kilowatt-hours annually. Power down fully when done for the day to cut costs and consumption.



# Think Digital First

Nearly half of office waste is paper based. Before you print, ask yourself: can this be shared, signed, or stored electronically instead?



# Fix Leaks Immediately

A single dripping faucet can waste hundreds of gallons of water per month. Report any leaks you notice, including leaky toilets.

### **GETTING TO KNOW A** SPRING DISTRICT TEAM MEMBER: **MEET CORY FISCHER**

Cory is a transplant from Kansas City, MO, who has worked in The Spring District for 5 1/2 years. Cory says of his role as Chief Engineer: "My role is taking lead on all repair and maintenance projects along with overall building compliancy."

Cory has lived in the Puget Sound Region for 18 years. "I'm a complete transplant courtesy of the United States Army. My in-laws are the family I have in the area, as my wife is a born and raised native Washingtonian."

When asked what he likes to do outside of work, Cory has a variety of interests: "I enjoy tinkering with tech, lifting weights, going on hikes with my dog (a Shiba Inu mix named Demo) and having game nights with the family."

What is your favorite outdoor activity? Hiking in the Cascades. Where is your favorite PNW destination? North Cascade National Park.

What is your favorite sports team? Being a native of KCMO, I have to go with the Chiefs.

What is your favorite local restaurant? Demetris Tavern in Edmonds. What is your favorite recipe to have made for you? My wife's Mediterranean stew.

What is your favorite movie? The Matrix.

Coffee or Tea? How do you like it? Coffee in the morning and tea in the evening with a dash of milk, one scoop of sugar in each. What is your favorite dessert? Chocolate brownies.

Do you have a favorite travel destination? If I have to say a specific place so far, I would say Scotland.

If you were a superhero, what would your superpower be? Super Intellect. Do you have a hidden talent? Nothing hidden, but generally I am the first stop for many people when it comes to technology issues.

In honor of Veteran's Day we celebrate Cory's dedication and commitment to our community and our country. Thank you, Cory, for all you do for us and The Spring District!



#### **UPCOMING COMMUNITY EVENTS**





# HELP US FEED SPRING SPRING DISTRICT **LOCAL FAMILIES**

TOGETHER, WE CAN PUT FOOD ON THE TABLE

#### **HOW YOU CAN HELP:**

- · Donate online directly to Renewal Food Bank
- · Drop off non-perishable food items at The Spring District Management Office



**LEARN MORE:** Renewalfoodbank.org

#### **WE NEED YOUR HELP**

Every day, families in our community go to bed hungry and that number is increasing with the disappearance of SNAP benefits. Your donation helps provide groceries to those who need it most.

#### **MOST NEEDED ITEMS:**

- · Canned vegetables, beans & soup
- · Rice, pasta &
- · Shelf-stable milk & baby formula
- Diapers
- · Peanut butter & canned protein
- · Cooking oil & spices

#### **DROP OFF LOCATION:**

1230 121st PI NE, #C114 Bellevue, WA 98005



#### MUSIC IS IN OUR BLOOD

Donating blood from November 1 to December 31 can take you to the heart of music and history, ROME in 2026! Let Bloodworks fly you and a guest from either the Rose City or the Emerald City to the Eternal City! Complete your entry form and book your donation appointment for November or December to win an Italian adventure for 2 including direct flights from Delta, a luxury 5-star hotel stay Hassler Roma, and concert tickets. Go to www.bloodworksnw.org/win to book an appointment near you and complete your on-line entry.

Wednesday, November 5 Bellefield Office Park **Expeditors International Bellevue** Monday, November 10 Book your appointment anytime at the Bellevue Donation Center

> Create Your Bloodworks Account at www.bloodworksnw.ora/aiveblood

Use the new Donor Scheduling Portal to book your appointment to save lives. Get ready for a new donor scheduling experience that's mobile responsive and makes booking an appointment from your phone or desktop easy. [Watch Video]

#BloodworksNW #BloodSupply #BePrepared #DonateBlood



BloodworksNW.org / 800-398-7888

# Thanksgiving Leftover Casserole

by The Pioneer Woman

If you really enjoy your traditional Thanksgiving meal and would like an easy version to enjoy while watching holiday weekend sports, try this versatile casserole recipe. You can mix up the items you include based on the delicious leftovers in your fridge.

#### **INGREDIENTS**

Salted Butter, For The Baking Dish

4 Cups Leftover Stuffing

4 Cups Chopped Skinless Leftover Turkey (Or Rotisserie Chicken)

1 1/2 Cups Coarsely Chopped Leftover Green Beans

1 1/2 Cups Leftover Gravy

3 Cups Leftover Mashed Potatoes

1 Large Egg Yolk

1 Cup Shredded Monterey Jack Cheese (About 2 Oz.)

Cranberry Sauce, For Serving



#### INSTRUCTIONS

- Position a rack in the lower third of the oven and preheat to 425°F. Butter the bottom and sides of a 9-by-13inch baking dish. Crumble the stuffing into the baking dish and pat to make an even crust on the bottom.
- Scatter the turkey and green beans over the stuffing layer. Pour the gravy over. 2.
- 3. Combine the mashed potatoes and egg yolk in a medium bowl and mix until smooth.
- Spread the mashed potato mixture over the turkey layer. Sprinkle with the grated cheese. 4.
- 5. Cover with foil and bake until heated through, about 20 minutes. Uncover and bake until the top is golden brown and crusty, 20 to 25 more minutes. Remove to a rack and let cool about 10 minutes before serving.
- Serve with a dollop of cranberry sauce on the side. 6.



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