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POINTS OF INTEREST

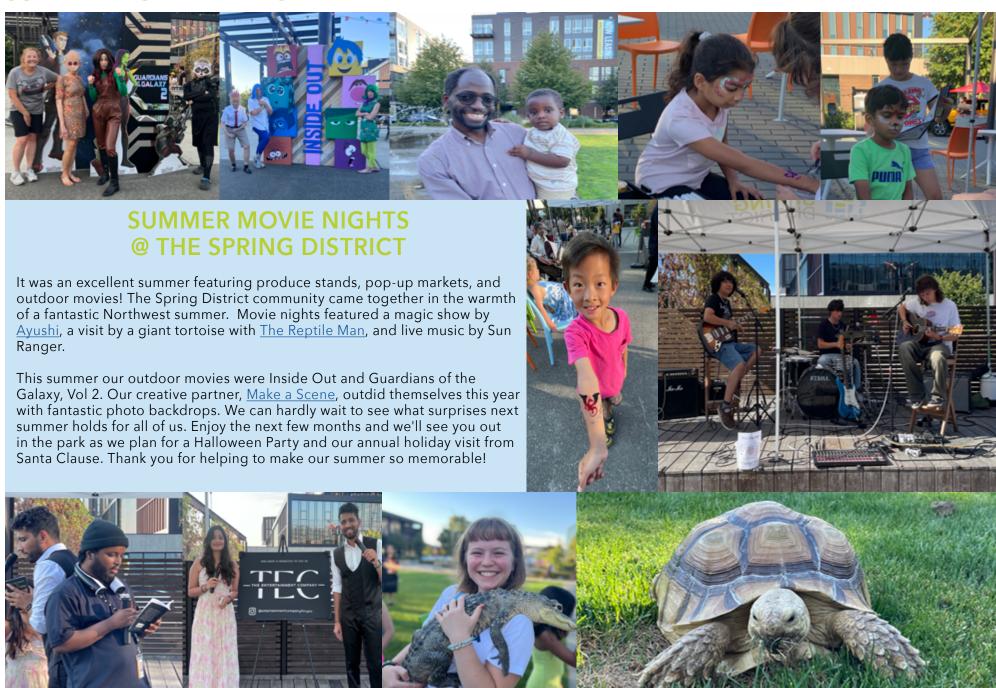
Good-bye Summer!

Meet the TSD Team!

Farm Stand Update!

Beet & Goat Cheese Pasta!

SUMMER MOVIE WRAP-UP



THE SPRING DISTRICT SEPTEMBER 2025 | 3

THE SPRING DISTRICT FARM STAND

From inception to completion, our summer Farm Stand project was a labor of love; a love for community and supporting the very fabric of what makes The Spring District special.

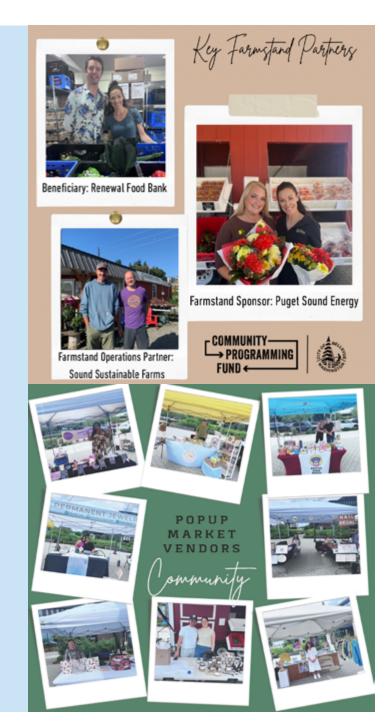
From July 8th through August 7th, the Spring District Management Team transformed the park into our very own self-produced Market. What started as a vision to bring fresh produce and goods to the residents and employees of The Spring District, turned into a perfect example of the magic of public-private partnerships. The pieces of the implementation puzzle all came together through strategic alignment of that shared vision.

Our first milestone was having Puget Sound Energy, through their Foundation giving arm, step up to be a Sponsor of the farm stand for 5 weeks of the summer. This covered the cost of the trailer rental from Sound Sustainable Farms who owns the custom-built little red farm stand. Fun fact, Sound Sustainable Farms is a subsidiary of Cedar Grove Compost who collects all the compostable waste within The Spring District commercial sites. They turn the collected food scraps into compost, which is then used to grow the produce at the farm, and then we were selling the very produce that was grown from that compost. Full circle sustainable produce! Sound Sustainable Farms became our most important operations partner, teaching us everything we needed to know about buying wholesale, produce inventory, and seasonal sales.

Our second project milestone was landing a grant from the City of Bellevue's Community Programming Fund which was created to encourage more summer activations throughout the various neighborhoods of Bellevue. Through our grant application process, we were able to show the positive impact of supporting small businesses, providing a community resource, and activating open spaces that our project proposal encompassed. We are grateful that the grant reviewers could see the impact and awarded us a grant which funded the operational costs of purchasing the supplies needed, hiring a summer intern, and running a weekly market 3 days a week. Not only did we support Sound Sustainable Farms, Collins Family Orchards, and Vikki Cha Gardens through our weekly ordering, we supported numerous small business vendors who joined us every Thursday for a popup market. Those vendors created their own tight-knit community and every week there were hugs and high fives all around.

The last and most impactful part of our little summer project was selecting a beneficiary partner who would receive the proceeds and unsold produce generated by the farm stand. We wanted to make this a true "community project" that would leave a lasting impact on the broader Bellevue community. Partnering with Renewal Food Bank located in BelRed was the perfect choice and we are proud to report that our efforts generated just over \$3,000 in proceeds and several boxes of organic fresh fruit and vegetables donated to Renewal.

We want to thank all our amazing partners who helped bring this vision to life and everyone who supported the farm stand and market vendors with their purchases. We hope to see our little Spring District market return in 2026!



SEPTEMBER 2025 | 4

SEPTEMBER HOLIDAYS

LABOR DAY **MONDAY, SEPTEMBER 1**

Born out of frustration with unsafe work conditions and unfair pay, labor unions fought for and gained support for workers' rights. They assisted factory workers and laborers with organizing protests, strikes, and rallies calling for fair working conditions.

Labor Day celebrates and honors the workers who helped build a prosperous United States and the advocates who fought for the rights of those workers. Labor Day lobbied for an annual day of recognition celebrating the American worker. In 1894, President Cleveland signed Labor Day into law, making Labor Day a national holiday.

The Visit Bellevue website lists fun activities over the holiday weekend. Learn more here.



MAWLID AL-NABI THURSDAY, SEPTEMBER 4

September 4th is the observation of Prophet Muhammed's birthday. Islam followers celebrate this occasion with communal meals, prayer meetings, fellowship among Muslims, and charitable deeds.

This global sacred celebration is a special day for millions of Muslims who honor the kindness, mercy, and hope brought to the world by Prophet Muhammad.

Muslims study the lessons of the Prophet throughout the year. Those lessons include thanks to Allah, gathering in love, living by the Prophet's example, helping others, and reconnecting with faith.

On Friday, September 12, 2025, at the North Bellevue Community Center there will be an evening celebration in honor of Mawlid. Learn more here.



COMMUNITY EVENTS

A NEW PARKING OPTION AT THE SPRING **DISTRICT!**



Call or scan the QR code for special discounts on monthly parking!

Daily and hourly parking also available.

> (425) 748-7723 diamondparking.com







There is a new parking lot near The Spring District. The lot offers daily parking rates of \$3.00 per hour.

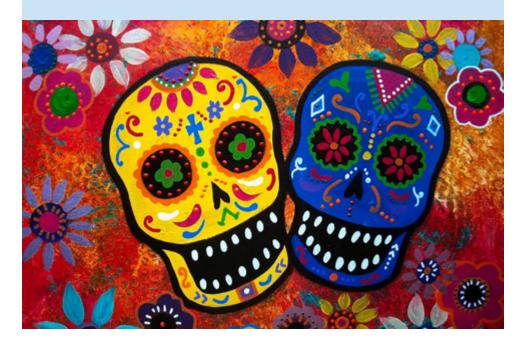
Located north of The Light Rail Station, there is a parking lot perfectly located for those wishing to visit The Spring District to grab a bite at Bellevue Brewing or attend one of the neighborhood's signature events.

Contact Diamond Parking, 425-748-7723, to learn more.

Remember there is parking for retail visitors at 1385 123rd Ave NE, Bellevue, WA. As a visitor, please park in the spots designated orange. We look forward to your next visit.

SAVE THE DATE FOR UPCOMING HISPANIC HERITAGE CELEBRATION SATURDAY, OCTOBER 4, 2025 11AM - 5PM

The City of Bellevue is excited to host a Hispanic Heritage Celebration on Saturday, October 4, from 11 a.m. to 5 p.m. in the Spring District. This community event will honor Hispanic Heritage Month with a special performance by the Lake Washington Symphony Orchestra, along with local vendors, community organizations, fun activities, and more!



ABOUT THE NEIGHBORHOOD



THE GREAT LAWN

The Great Lawn in The Spring District is located in our park area and is intended to provide all visitors with the benefits of an open, spacious place to play, relax, and feel a part of nature. Grass lawns offer numerous benefits, including positive impacts on physical and mental health. These include physical activity and social interaction. Lawns encourage outdoor activities and offer a space that fosters community gatherings and socializing.

Some environmental benefits of a lawn include

- Air quality improvement. Lawns absorb carbon dioxide and release oxygen, acting as a natural air purifier.
- Cooling effect. Lawns can help lower temperatures in urban areas, acting as natural air conditioning. They can be significantly cooler than hard surfaces, providing a comfortable environment.
- Wildlife habitat. Lawns provide a habitat for beneficial insects and wildlife, supporting local biodiversity. This is particularly important for pollinators like bees and butterflies.

THE SPRING DISTRICT PET PATCH

The Spring District also offers a separate, smaller lawn known as the Pet Patch. When pet owners use a Pet Patch, it creates a more welcoming environment for both pets and their owners. This space is designed to offer several benefits for dogs, including

- Convenience: providing a designated area for dogs to relieve themselves, making it easier for pet owners to manage their pets' needs
- Hygiene: a space to help maintain cleanliness and hygiene in our park area, reducing the risk of unsightly messes
- Comfort: dogs can feel more secure and comfortable in a familiar environment, which can reduce stress and anxiety
- Responsibility: pet relieve spaces encourage responsible pet ownership by providing a designated area for waste disposal
- Accessibility: an easily accessible location for pet owners will make taking care of your pet all the easier and convenient

The Spring District lawn is a wonderful place to be any time of year, but especially on a sunny afternoon. We hope you will experience it soon! Let us know how your pet likes the Pet Patch, too!6



HARVEST TIME



HARVEST TIME IN THE SPRING DISTRICT

Neighborhood tenant, Snowflake, chose a gorgeous day to harvest apples and pears from The Spring District garden. The Snowflake team showed up with all the right tools and collected the delicious apples available to the community.

Now is the time for plums to ripen. So if you are out and about in the neighborhood, grab one. All the fruit grown in The Spring District is organic, so you can feel good about that fruit snack! Keep your eyes open for the figs to ripen next. It's almost time.

Here is a great recipe for plums: Italian Plum Cake





GETTING TO KNOW A SPRING DISTRICT TEAM MEMBER MEET JAMES DAY

This month we are introducing James Day, our Senior Building Engineer who has worked in The Spring District for four years!

This Seattlite is grateful that he has a chance to work in and enjoy the quieter surroundings of our park-like neighborhood. James is a little cagey about his favorite Pacific Northwest places to visit, but we do know he enjoys escaping the city traffic and going to the coast. He doesn't mind the wet NW weather--or at least he doesn't bother with an umbrella.

James has an appreciation for the nostalgic. He enjoys his grandmother's cucumber salad and his favorite movie is "Blazing Saddles". He is a family man who loves taking his daughter to their favorite ramen place in Federal Way.

Coffee or Tea? How do you like it? "Lately I'm on a protien shake kick! It's also my favorite dessert!"



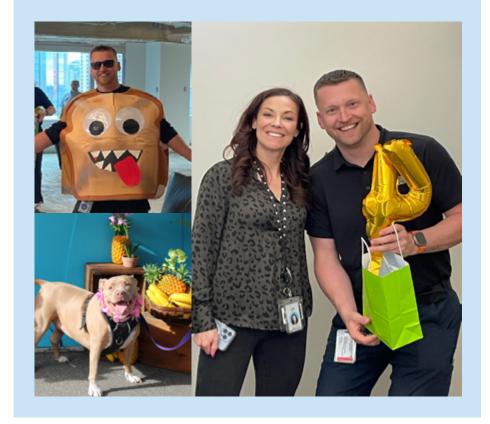
If you were a superhero, what would your superpower be? "Owning Ironman's money!"

Do you have a hidden talent? "Yes, and it will stay hidden."

If you see James around the District, stop and have a chat about the Seahawks. We are all hopeful for a successful season.

One interesting thing about James is that he once fixed something by just unplugging it and plugging it back in.

We are all lucky to have you and your wonderful sense of humor here in The Spring District, James!



NFIGHBORHOOD EVENTS





MUSIC & YOGA IN THE PARK@THE SPRING DISTRICT

Don't miss your final chance to practice soothing yoga in the great lawn in The spring District on Saturday, September 13th. Brought to you by Music in the Park and Sustain Music Project which brings music and art to directly to you, wherever you may be - a park, a community center or any other venue open to everyone.

The Yoga class will be led by Chris Harnois of Body Reflects yoga studio. Chris' classes are funny and playful.

Bring your mat and start your day off with an energetic class set to chamber music designed to enhance your yoga experience.

The music accompanying your yoga practice on Saturday, September 13th, 2025, will feature <u>Christina Medawar</u> on flute, and Tyler Smith on marimba.

We are looking forward to seeing you and your yoga mat out in the grass on Saturday, September 13, 2025. Tag us @TheSpringDistrict!

FEATURED ORGANIZATIONS

HELP BELLEVUE LIFESPRING SUPPORT KIDS AS THEY GO **BACK TO SCHOOL**

Bellevue Lifespring has been serving the City of Bellevue since 1911 by providing struggling families with food baskets, milk and seeds. Today this vital organization assists by offering Breaktime-Mealtime food support during school breaks for children struggling with food insecurity and they offer emergency rent assistance as a way to help prevent homelessness.

Bellevue Lifespring offers back-to-school clothes to help kids feel confident as they head back to the classroom. In addition, they provide additional support during the holidays so everyone has a joyous holiday season.

If you are moved to help improve the lives of Bellevue students, you can build hygiene kits, pack snacks for students or make a financial donation. Learn more here.





THE 100 DEADLIEST DAYS BETWEEN **MEMORIAL DAY AND LABOR**

The summer months are crucial for blood donation. Motor accidents are on the rise and there's a critically low shortage of blood donors. Your blood donation is essential to trauma care. Help support local hospitals that treat thousands of emergency patients daily and schedule an appointment to give blood. Book your appointment now to save lives. In one hour you can make a difference. Please sign up to donate blood at St. Thomas Episcopal Church in August.

Go to www.bloodworksnw.org/win to book an appointment near you and complete your online entry.

Tuesday, September 9 St. Louise Catholic Church

Tuesday, September 9 QFC Bellevue

Book your appointment anytime at the Bellevue Donation Center

Create Your Bloodworks Account at www.bloodworksnw.ora/aiveblood

Use the new Donor Scheduling Portal to book your appointment to save lives. Get ready for a new donor scheduling experience that's mobile responsive and makes booking an appointment from your phone or desktop easy. [Watch Video]

#BloodworksNW #BloodSupply #BePrepared #DonateBlood



BloodworksNW.org / 800-398-7888

Beet and Goat Cheese Pasta

by Meredith Hayden of Wishbone Kitchen

This eye-catching pasta dish is not just beautiful, it's delicious. Grab the freshest beets and mint and cook up something new for you and your family.

INGREDIENTS

3 medium-large sized beets washed, peeled, and quartered

4 oz goat cheese

1 clove garlic

1 tbsp olive oil

1 tbsp pistachios toasted and chopped

Fresh mint leaves for garnish

Kosher salt

1 pinch cayenne pepper

1 lb rigatoni

INSTRUCTIONS

- 1. Preheat oven to 400. Transfer beets to a baking dish, toss with a tbsp of olive oil, salt and pepper. Cover with foil and bake for 25 minutes. Remove from the oven and allow them to cool.
- 2. Bring a pot of salted water to a boil. Cook pasta according to package directions.
- 3. Combine cooked beets, 3 tbsp goat cheese, garlic, 1 tbsp olive oil, 1 tbsp pasta water, a pinch of salt and a pinch of cayenne in a blender. Blend until smooth.
- 4. Drain pasta, reserving some of the pasta water. Toss with the blended sauce. Add additional pasta water if needed. Taste and season with salt if needed.
- 5. Plate and top with more goat cheese, chopped pistachios, and fresh mint.

Beets are a superfood and an excellent addition to anyone's diet. With just 60 calories per one cup of cooked beetroot and 43 calories per 3/4 cup of raw beetroot, this vivid vegetable is a powerhouse. It is a great source of folate, manganese, potassium, iron and vitamin C. Beetroot has been known to improve blood flow and lower blood pressure. They also contain antioxidants and anti-inflammatory compounds. So eat your beets!





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