

A wide-angle photograph of a modern multi-story apartment building with a mix of grey, red, and white panels and many windows. In the foreground, there is a large green lawn with a central water feature consisting of several small fountains. People are seen walking and sitting on the lawn. Trees with green leaves are planted around the building and lawn. The sky is clear blue.

MAY 2025 NEWSLETTER  
WHAT'S HAPPENING AT  
**THE SPRING DISTRICT**

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## POINTS OF INTEREST

Bike Everywhere Day!  
Meet our Engineer Riley!  
Spring Fling Wrap Up!  
Save the Date for Summer Fun!



## MAY HOLIDAYS



### CINCO DE MAYO MAY 5, 2025

[Cinco de Mayo](#) celebrates Mexico winning a battle against the French army at the Battle of Puebla in 1862. The day is not widely celebrated throughout Mexico except in the state of Puebla where the community comes together for battle reenactments and parades. In the United States Cinco De Mayo celebrates Mexican culture and heritage, particularly in areas with significant Mexican-American populations. It is not Mexican Independence Day, which is celebrated on September 16th.

Locally Cinco de Mayo can be celebrated at our very own neighborhood restaurant. Stop by [Bellevue Brewing](#) for a delicious plate of nachos and a nice Mexican Lager.

### MOTHER'S DAY SUNDAY, MAY 11, 2025

Modern Mother's Day celebrations originated in the mid-1800s, when Ann Reeves Jarvis organized "Mothers' Day Work Clubs" to foster unity after the Civil War. The clubs focused on common issues such as public health, children's welfare, and the shared commitment of motherhood. When Ann Reeves Jarvis passed away, her daughter, Ann Jarvis, sought to honor her mother's legacy and commitment to recognizing the sacrifices of mothers everywhere by having a memorial service at her mother's church in Grafton, West Virginia. Within 5 years, nearly every state was observing the day. In 1914, President Wilson made Mother's Day a national holiday.

Celebrate your Mother's Day in Bellevue with one (or more) of these fabulous options. From brunch to a walk through the Botanical Garden, you'll find it [here](#).



## MAY HOLIDAYS CONT'D

### MEMORIAL DAY MONDAY, MAY 26, 2025

*"As we express our gratitude, we must never forget that the highest appreciation is not to utter the words, but to live by them."* –John F. Kennedy

After the Civil War, loved ones came together to decorate the graves of the Union and Confederate soldiers who died in the conflict in what came to be known as Decoration Day. After World War I, Memorial Day came to honor all those who died in all U.S. wars. Traditionally we celebrate by laying a wreath on the Tomb of the Unknowns at Arlington National Cemetery, parades, religious services, and many other individual ways to honor fallen heroes and loved ones. Learn more [here](#).



### AANHPI HERITAGE MONTH MONTH OF MAY

As far back as 1977, May was recognized as a fitting time to celebrate and honor Asian Pacific Americans. One of the main reasons was that the transcontinental railroad was completed on May 10, 1869. The railroad was completed using largely Chinese labor.

In 2021 May was officially designated by the federal government as [AANHPI Heritage Month](#), with the goal of acknowledging and celebrating the contributions of Asian Americans, Native Hawaiians, and Pacific Islanders to United States culture and history. The state of Washington is home to people from 42 different nations throughout Asia and the Pacific Islands. In 2022 Governor Jay Inslee proclaimed May as a time to honor the diverse cultures of Asian Americans and Pacific Islanders.

The City of Bellevue is featuring AANHPI artists throughout the month of May as a way to celebrate the diverse and important contributions. There will be an opening reception on Friday, May 2, 2025, from 6-8pm. Learn more and register [here](#).



## MAY EVENTS

### BIKE EVERYWHERE DAY MAY 14, 2025

Wednesday, May 14<sup>th</sup>, The Spring District is joining bicycle enthusiasts for [Bike Everywhere Day](#)! The Spring District Celebration Station will be located at the corner of NE Spring Boulevard and 121st Ave NE. Find our Celebration Station and many others on this [map](#). To help map your trip, remember the [Eastrail Corridor Trail](#) is a short ride to The Spring District.

Join us as we celebrate getting out of our vehicles and pedaling our way around the Puget Sound Region with the help of the [Cascade Bicycle Club](#)

The Spring District Celebration Station will have snacks and music. After you check in with us, explore The Spring District by enjoying a cup of coffee at [Dote](#) or [The Spring Cafe](#). We look forward to seeing you on May 14!



### 2 LINE EXPANDS TO REDMOND

SoundTransit continues to expand the 2 Line on the Eastside. May 10<sup>th</sup> is the grand-opening celebration of the Redmond and Marymoor Village train stops! The event features a ribbon cutting ceremony and a chance for you to explore the new stations and win prizes. Redmond service starts after the ribbon cutting. Remember to stop and visit [The Spring District station](#) and neighborhood as you browse around the Eastside. Learn more [here](#).



The expanded 2 Line makes it easier than ever to explore from south Bellevue to Redmond leaving your car behind. Service will run from 5:30am to 9:30pm seven days a week. [Expansion across Lake Washington](#) is set to open later this year.

Learn more about the Sound Transit 2 Line [here](#).





# COMMUNITY EVENT WRAP UP



## SPRING FLING WRAP UP

We had an incredible turnout for our 4th annual Spring Fling. [Animal Encounters](#) brought some of the cutest goats and bunnies! There was a coloring contest, a face painter, and the Easter Bunny! Thank you to everyone who joined us for yummy snacks, live music, a vendor market & Earth Day Fair, and beautiful art. We will continue to offer fun and creative events throughout the summer.

Follow us on Instagram for all the updates,  
@TheSpringDistrict.  
Thank you for another successful event!





## THE SPRING DISTRICT TEAM

### GETTING TO KNOW A SPRING DISTRICT TEAM MEMBER MEET RILEY MOORE

This month we introduce you to Riley Moore, a Building Engineer who works inside two of our commercial properties in The Spring District. "As a Building Engineer I have experience working on all building systems, whether it be plumbing, electrical, HVAC or general repairs. If it breaks, I will get it fixed!"

Riley is a true Northwesterner, born and raised in West Seattle. When asked about his favorite outdoor activity, he responded, "I love being outdoors, especially during beautiful Seattle summers. I enjoy mountain biking, swimming in cold lakes after a long hike, target shooting, basketball and practicing on my motorcycle." When not at work, Riley enjoys time outside in the sunshine, NOT thinking about work.

No favorite restaurants come to mind, but Riley enjoys trying new food spots and does have a talent for cooking. "I recently made homemade gyros that were amazingly delicious."

**Coffee or Tea? How do you like it?** Coffee black. Tea; lots of cream, lots of sugar. **What is your favorite dessert?** Key Lime Pie, or my mom's banana cake.

**Where is your favorite PNW destination?** Bend Oregon. **Do you have a favorite travel destination?** I have been to London and France when I was younger. I'd love to explore Europe more as an adult.

**What is your favorite sports team?** Seattle Super Sonics. **Do you play a sport or instrument?** Basketball, badminton. **What is your favorite movie?** Gladiator, Pulp Fiction, Heat.

**Do you have a hidden talent? If so, what is it?** Watchmaking.

**If you were a superhero, what would your superpower be?** My ideal superpower Teleportation.

Thank you, Riley! You are always willing to show up and help, stop for a chat, and offer a friendly smile! Remember to say "Hi" if you see Riley out in the neighborhood.



## NEIGHBORHOOD UPDATES

### THE SPRING DISTRICT WATER FEATURE

The Spring District is home to a wonderful water feature. This cornerstone of the park allows everyone to take in the beautiful sight, sound, and relaxing effect. The fountain is located just west of the Bellevue Brewing Company's beer garden and south of the Great Lawn. It runs daily from 11am-7pm.

The water fountain was the first element built in The Spring District and was designed as a place for people to come together and enjoy the outdoors. The water feature's nozzles have a variety of spray patterns meant to encourage folks to stay and maybe even play on the splash pad when it's warm outside!

The water used in the fountain is captured and recirculated. It is tested regularly for cleanliness and runs through a filter system twice every cycle to remove particulates. The fountain has 4 pumps, similar to most residential swimming pools. The fountain display is programmed manually.

All water features have sensitive precision parts, and we ask that visitors do not put rocks or anything into them. Over the last two years the fountain has undergone a complete retrofit. When you see our team out in the park tending to it, we hope you will say hello!



THE  
SPRING  
DISTRICT

*Save the date!*

Mark Your Calendar for  
Summer Events  
in The Spring District

### SUMMER CONCERTS

- July 10, 17, 24, 31

### FARM STAND

- Weekly in July

### SUMMER MOVIES

- August 21 & 28

Follow us  
@[TheSpringDistrict](https://www.instagram.com/TheSpringDistrict) for  
additional details!

12167 NE 14<sup>th</sup> Terrace  
Bellevue, WA 98005



## FEATURED ORGANIZATIONS

### PAWS & PRIDE DOG WALK

Step out in PRIDE on Saturday, May 31<sup>st</sup> for the [2025 Paws & PRIDE Dog Walk](#). This event is a fun way to help support the local Bellevue community and get some exercise. In addition to being a colorful way to spend your Saturday, donations from the event go to support local nonprofits, Seattle Humane and Lambert House.

The [Seattle Humane](#) impacts thousands of animals each year. Your donation supports medical care, behavior training, and opportunities for socialization. [Lambert House](#) helps fight prejudice against LGBTQ+ youth and young adults by providing healthy and safe programs and services, including meals and mentoring.

Register for the event [here](#)! See you and your four-legged friends on May 31<sup>st</sup>!



### YOUR DONATION COULD SAVE A LIFE

What would you do with an extra \$3,000? Maybe it's a well-deserved getaway, jumping ahead on some bills, or splurging on a purchase. Everyone has a wish list, and we want to hear about yours! But here's the best part: donate blood in May or June and you'll not only help local patients in need, but you'll also have a chance to win a \$3,000 prepaid digital gift card as a thank you from us to you. Your generosity helps ensure a healthy blood supply, and only takes a little bit of your time. We can't wait to see you donate blood this summer and see that \$3,000 gift card become yours. Go to [www.bloodworksnw.org/win](http://www.bloodworksnw.org/win) to book an appointment near you and complete your on-line entry.

#BloodworksNW #BloodSupply #BePrepared #DonateBlood

- Monday, May 19 - [Eastgate Public Health Center](#)
- Book your appointment anytime at the [Bellevue Donation Center](#)

Create Your Bloodworks Account at [www.bloodworksnw.org/giveblood](http://www.bloodworksnw.org/giveblood)

Use the new [Donor Scheduling Portal](#) to book your appointment to save lives. Get ready for a new donor scheduling experience that's mobile responsive and makes booking an appointment from your phone or desktop easy. [\[Watch Video\]](#)



BloodworksNW.org / 800-398-7888

# Overnight Chocolate Chia Seed Pudding

by [Minimalist Baker](#)

For over 5,000 years humans have been eating chia seeds. Chia seeds come from the *Salvia hispanica* plant and are member of the mint family. These tiny black seeds pack a healthy punch. They contain fiber, protein, omega-3 fatty acids, antioxidants, and a variety of vitamins and minerals. They can even help you feel full as they create a gel-like substance when moistened. Which is why they help to create this delicious and creamy pudding!

Enjoy this wonderful and healthy recipe! And remember to tag [@TheSpringDistrict](#) on Instagram when you make it!

## INGREDIENTS

1/4 cup cacao powder or unsweetened cocoa powder  
3-5 Tbsp maple syrup  
1/2 tsp ground cinnamon (optional)  
1 pinch sea salt  
1/2 tsp vanilla extract  
1 ½ cups Almond Breeze Almondmilk Original Unsweetened (or light coconut milk for creamier texture!)  
1/2 cup chia seeds

## INSTRUCTIONS

1. To a small mixing bowl add cacao powder (sift first to reduce clumps), maple syrup, ground cinnamon, salt, and vanilla and whisk to combine. Then add a little dairy-free milk at a time and whisk until a paste forms. Then add remaining dairy-free milk and whisk until smooth.
2. Add chia seeds and whisk once more to combine. Then cover and refrigerate overnight, or at least 3-5 hours (until it's achieved a pudding-like consistency). It may also be helpful to give the mixture an extra whisk/stir once it has been in the refrigerator for 30-45 minutes.
3. Leftovers keep covered in the fridge for 4-5 days, though best when fresh. Serve chilled with desired toppings, such as fruit, granola, or coconut whipped cream.







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