



SEPTEMBER 2024 NEWSLETTER
WHAT'S HAPPENING AT
THE SPRING DISTRICT

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POINTS OF INTEREST

Spotlight on The Spring District
Summer Wrap Up
Back to School Road Primer!

BELLEVUE GOES BACK TO SCHOOL

BACK TO SCHOOL REMINDERS

Shorter days, cooler temperatures, and pumpkin spice lattes all signal the end of summer. Which means it's time to head back to school, and back to school means more people out and about in the mornings and afternoons during commute times.

As a reminder, the speed limit in a school zone is 20 mph when lights are flashing or children are present. The City of Bellevue website provides concise reminders about the rules of the road. Learn more [here](#). (See the information about stopping for a school bus.)

In addition, The City of Bellevue has excellent resources to assist with planning alternatives to single-car commuting/driving:

[Bellevue SchoolPool](#) is a collaboration between the City of Bellevue, King County Metro, and Bellevue School District and encourages families and students to explore alternatives to driving. Consider walking, biking, taking a bus or train.

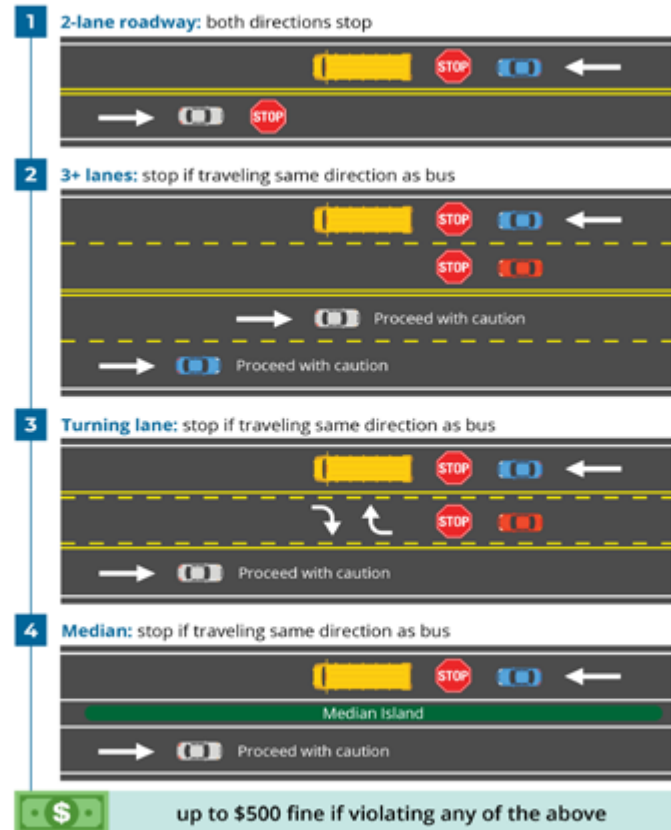
[Bellevue School District Edulog Parent Bus Tracking](#) App allows parents to receive information about their student's bus ride.

[Choose Your Way Bellevue](#) is a resource that helps provide information about alternatives to driving alone. This outreach program can help workers, employers, students, and residents find the best commute options available. And remember, the 2 Line is running now!



When drivers have to stop for school buses

School bus lights are flashing and stop bar is out



800-21-8256 For alternate formats, interpreters, or reasonable modification requests please phone at least 48 hours in advance 425-452-6917 (voice) or email bellevuepd@bellevuewa.gov. For complaints regarding modifications, contact the City of Bellevue ADA, Title VI, and Equal Opportunity Officer at ADATitleVI@bellevuewa.gov.



SPOTLIGHT ON THE SPRING DISTRICT

IT'S PUMPKIN SPICE LATTE SEASON

[Dote Coffee Bar](#) has a seasonal Spiced Pumpkin Latte launching after Labor Day, along with Spiced Pumpkin truffles and macarons! Unlike the ubiquitous PSL, our seasonal latte is made with all natural, real pumpkin puree and spices combined in a silky smooth ganache and whisked with espresso and customers' choice of dairy or alternative milk.

Come in and enjoy one for yourself Mon-Sat 7am-5pm. Sun 8am-4pm.



NOTE

COFFEE BAR



ITALIAN PLUM TREES

Amongst the blueberry bushes and herbs in The Spring District, you will find some Italian plum trees. The Italian plum season arrives in late summer, bringing the season of stone fruits to an end with a bang! These trees offer one last chance to enjoy the sweet goodness of summer, not to mention an opportunity to bake a crisp or tart.

The pit in the Italian Plum is a "freestone," meaning they are easy to remove. Their fruit is firmer than most other plums, making them perfect to use in cooking. The plum is ripe when the skin has changed color, the flesh is soft, and the fruit pulls easily from the branch with a slight tug. Good-quality Italian plums will be firm to slightly soft with smooth skin. Their coloring will be deep purple with a red blush that will darken to black as they ripen. Once ripe, you can store them in the refrigerator for a few days. Many varieties will have a 'bloom' of white powdery substance when ripe.

Italian Plum trees need full sun and are self-fruiting. They are vigorous and cold-hardy. We hope you'll visit the fruit trees and herb plantings in The Spring District. They were planted for the community to enjoy!

SUMMER EVENTS WRAP UP



SUMMER 2024

The Spring District summertime concerts and movies were the perfect way to bring neighbors together and celebrate our beautiful Pacific Northwest summer! The lunchtime concerts, in partnership with Bellevue Downtown Association's Beats & Bites series, featured local musicians. The movies showcased face painting, origami crafts, and science shows! This summer truly had something for everyone!

See you next year!



BELLEVUE COMMUNITY EVENTS

GIVE US YOUR FEEDBACK TO IMPROVE NEXT YEAR'S CONCERTS

It was a great year for the [Bellevue Downtown Association Beats and Bites concert series](#), and we think it could be even better!

Please give us your feedback and let us know how we can improve.

Take the survey [here](#).



JOIN THE MENTORING MOVEMENT

Help clear our wait list!

RA supports students furthest from educational and social justice. Our goal is to bring connection and opportunity to youth in all the spaces they are meant to thrive.

Classrooms | Sports Fields | Art Studios | Robotics Labs | College Campuses Throughout Their Community



RA mentors and students are also artists and engineers - their passions are what inspires a deeper conversation.

No athletic skills or experience working with youth required!



YOUR COMMITMENT

Mentors typically spend 1 hour per week volunteering between check-ins at the student's school, reports, and invitations to cheer at their mentee's activities or celebrate milestones. We ask mentors to commit for at least one school year.



OUR COMMITMENT

RA's unique ONE Team model supports students from 4th grade through high school graduation and beyond. Each student is paired with a dedicated mentor who meets with them weekly and fully sponsored to participate in the activities of their choice. Mentors receive annual training and ongoing support.



Get Started!

In addition to helping my mentee grow positive beliefs about himself, being a mentor has only grown my desire to bring my best out into the world.

My mentee has expanded my knowledge, she keeps me 'cool' and also humble. Some days I wonder who is the mentee and who is the mentor.

Our mission is to affirm our youth's sense of purpose and belonging by intentionally connecting their core community of teachers, coaches, families, and mentors.

www.rainierathletes.org | hello@rainierathletes.org

FEATURED ORGANIZATIONS

ROOTS (RISING OUT OF THE SHADOWS)

ROOTS is a young adult shelter assisting young adults as they strive for stability. With a focus on community and acceptance, ROOTS has served over 8,500 guests since they opened in 1999. The shelter has 45 overnight beds for people ages 18-25.

ROOTS provides assistance no matter the reason why a young person may find themselves experiencing homelessness. The reasons are varied and unique and may include rising housing costs, violence by a loved one, and/or discrimination. ROOTS assists with stabilizing individual circumstances by providing safe, clean overnight shelter, meals, and case-management, among other valuable services. They even allow pets. Visit their [website](#) to learn more.

The annual [Rise Up Gala](#) takes place Wednesday September 25th, 2024, 6pm-8:30pm at the UW Center for Urban Horticulture. Join this valuable organization as they raise funds and build community focused on supporting local youth.



Did you know that 25% of the blood supply is used by patients battling cancer? One in 285 children in America will be diagnosed with cancer before their 20th birthday, according to the American Childhood Cancer Organization, so many of these pediatric patients rely on blood donations to support their care and treatment. The most direct way to help them is to donate blood. Take action during this Childhood Cancer Awareness Month and schedule a blood donation appointment today! Follow this link to [Find a Blood Donation Location](#) or select from the below Eastside locations:

September 2 & 6

[EvergreenHealth \(Kirkland\)](#)

September 13

[Overlake Medical Center \(Bellevue\)](#)

September 27

[The Bellevue Club \(Members ONLY\)](#)

Remember to Create Your New Account at
www.bloodworksnw.org/giveblood

Use the new [Donor Scheduling Portal](#) to book your appointment to save lives. Get ready for a new donor scheduling experience that's mobile responsive and makes booking an appointment from your phone or desktop easy. [\[Watch Video\]](#)



BloodworksNW.org / 800-398-7888

Italian Plum Tart

by [Ina Garten on Food Network](#)

Wrap up summer with a delicious dessert using fresh local tree fruit!

INGREDIENTS

3/4 pound Italian prune plums, quartered & pitted
2 tablespoons Minute tapioca
2 tablespoons creme de cassis liqueur
1 3/4 cups sugar, divided
1/4 pound (1 stick) unsalted butter, at room temperature
1 1/4 cups all-purpose flour
1/2 teaspoon ground cinnamon
1/2 teaspoon kosher salt
1/4 teaspoon baking powder

INSTRUCTIONS

Preheat the oven to 350 degrees. Butter and flour a 9-inch springform pan and place it on a sheet pan. Place the plums, tapioca, creme de cassis, and 3/4 cup of the sugar in a mixing bowl and stir to combine. Allow to sit for 15 minutes. In the bowl of an electric mixer fitted with the paddle attachment, cream the butter and remaining 1 cup of sugar on medium speed until light and fluffy. In a small bowl, combine the flour, cinnamon, salt, and baking powder. With the mixer on low, gradually add the dry ingredients to the butter mixture until it forms small, dry crumbs. Add 1 tablespoon of cold water and continue to beat for about 30 seconds, until the mixture forms large, moist crumbs. Set aside 3/4 cup of the crumb mixture and pour the rest into the springform pan. With floured hands, lightly pat the dough evenly in the bottom of the pan and 1 inch up the sides. Arrange the plums in concentric circles on the crust. Sprinkle the remaining crumb mixture evenly on top. Bake for 1 hour, until the fruit is bubbling and the crust is golden. Cool for 15 minutes, then remove the sides of the pan and serve warm or at room temperature.





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