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POINTS OF INTEREST

PRIDE in The Spring District
Register to Paint in the Park
Tea Cake Cookies Recipe!

PRIDE IN THE SPRING DISTRICT

THE SPRING DISTRICT SHOWS ITS PRIDE 2024 PRIDE CROSSWALK PAINT PARTY

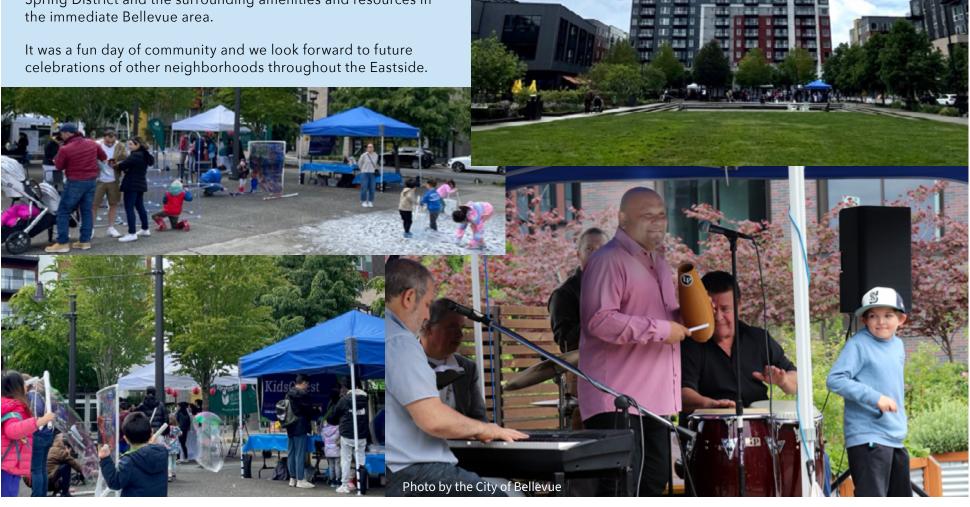
Sunshine and warmer temperatures created the perfect day to revitalize The Spring District PRIDE crosswalk. Thank you to all the neighbors who stopped by to help The Spring District team bring the colors back to life. While visiting the neighborhood,



SPRING DISTRICT FAMILY FESTIVAL WRAP UP

THE SPRING DISTRICT FAMILY FESTIVAL HIGHLIGHTED BELLEVUE'S WONDERFUL **SENSE OF COMMUNITY**

Saturday, May 18th, The City of Bellevue celebrated community by hosting a Family Festival at The Spring District. Visitors were treated to live music, family-friendly activities, and food trucks. It was a full day of fun, food, and learning more about The Spring District and the surrounding amenities and resources in



JUNE HOLIDAYS



FATHER'S DAY JUNE 16

In its early days, Father's Day was originally thought to be "too feminine" and it was slow to gain popularity. Today, society enthusiastically

celebrates the fathers and father figures in our lives each year with a BBQ, baseball game or even a tie. Father's Day is a wonderful reason to bring together family and friends in celebration of meaningful relationships.

Bellevue has some exciting suggestions about how you and your family can spend Father's Day. Learn more here.



EID AL-ADHA JUNE 16

Generally translated to mean "Holiday of Sacrifice," Eid Al-Adha is considered to be the holiest of Islam holidays.

The holiday celebrates Prophet Abraham's

willingness to sacrifice his son when commanded by God. As a way to honor his dedication, God sent a ram to be slaughtered in place of his son. While sacrificing animals is not common in the United States, Muslims worldwide, sacrifice animals following strict protocols. The meat is then shared with the community. Eid Al-Adha is celebrated with prayer and a family feast. Many Muslims celebrate by completing a pilgrimage to Mecca. Learn more here.



JUNETEENTH JUNE 19

On June 19th, 1865, two years after the official end of slavery, federal troops arrived in Texas to deliver the news that the **Emancipation Proclamation had** ended slavery. In December of that same year, the adoption of the 13th Amendment formally

ended slavery nationwide. In 1979, Texas became the first state to make Juneteenth an official holiday. In 2021, Juneteenth was officially recognized as a federal holiday. Learn more here.

JUNE IS PRIDE MONTH



In June 1969, patrons of the Stonewall Inn in Greenwich Village, New York City, resisted the aggressive actions of police officers conducting a raid of the known local hangout for gays and lesbians. The Stonewall Riots ended days later, starting the Gay Rights movement. In commemoration of the riots, a year later the first gay pride

parade took place in NYC. In June communities around the world celebrate LGBTQ+ groups, individuals, and the rights of everyone to exist and be recognized. On June 1st, before the 2024 Paws & Pride Dog Walk, the City of Bellevue unveiled new artwork at the intersection of 102nd Ave NE & NE First St. The art piece titled "The Love" Between" (shown above) by Esmeralda Vasquez, celebrates diversity and illustrates Bellevue's commitment and support of inclusivity. Learn more here.

ART IN THE PARK



DRAWING CLASSES IN THE SPRING DISTRICT

JUNE 20 & 22, 2024

Drawing Herd is an observational workshop series hosted by Coco Allred and taking place in The Spring District in June. These pop-up art classes aim to give participants new ways to cultivate attention with particular emphasis on the bioregion and historical context of each site. Each class is co-taught with special guests whose expertise ranges from parkour tricking to choreography to atmospheric science.

All classes are free and supplies are provided!.

REGISTER TODAY!

Artist, Coco Allred, will bring her portable easels and creative spirit and bring out the artist in all of us! Clink the link below to register and learn more about each session:

Thursday, June 20, 12:00-01:30pm

Thursday, June 20, 05:00-06:30pm

Saturday, June 22, 10:00-11:30am

Saturday, June 22, 12:30-02:00pm

The 2024 series is funded by the Downtown Seattle Association, the City of Bellevue, and the City of Sammamish.

Designed for all ages and skill levels, the project aims to provide creative experiences in public parks to increase well-being for self, community, and place. Follow this link to learn more about each class.



FEATURED ORGANIZATIONS

LAMBERT HOUSE

Since 1981, Lambert House has made over 500,000 individual service contacts with minors and young adults. Lambert House was started by a child & adolescent medicine clinic director seeking to address the physical and mental health disparities experienced by LGBTQ+ youth. Addressing issues such as suicide, homelessness, substance use disorders, survival sex, HIV, bullying and school failure, Lambert House is the only social service agency in Seattle and King County focused solely on LGBTQ+ youth.

In honor of PRIDE month, please take a moment to learn more about their prevention and intervention programs and services offered across their multiple locations, as well as online. Since 2019 Lambert House has served 742 LGBTQ+ youth a year.

Follow this <u>link</u> to learn ways you can support local LGBTQ+ youth find a safe place to be themselves.





Does your dad really need another tie this Father's Day? How about giving the gift of life in his honor with a blood donation? Join us in making sure that our community has the blood inventory needed to save lives, by booking your summer donation for any date in June!

An hour of your time is all that is needed to save the life of another person, and celebrate families everywhere. Be sure that you have photo ID when you arrive to check in for your appointment.

Follow this link to Find a Blood Donation Location or select from the below Eastside locations:

Sri Sathya Sai Center Blood Drive June 8 June 17-19 Woodinville Unitarian Universalist Church Blood Drive

Bellevue Library Blood Drive June 20

Trilogy @ Redmond Ridge Blood Drive June 21

June 25 St. Louise Church Blood Drive

Remember to Create Your New Account at www.bloodworksnw.org/giveblood

Use the new **Donor Scheduling Portal** to book your appointment to save lives. Get ready for a new donor scheduling experience that's mobile responsive and makes booking an appointment from your phone or desktop easy. [Watch Video]



BloodworksNW.org / 800-398-7888

UPCOMING SUMMER FUN!



2024 BELLEVUE BEATS & BITES MUSIC SERIES

Mark your calendar to enjoy sunny lunchtime concerts at The Spring District. We are excited to present an eclectic line-up including blues and authentic Hawaiian music. Join us on the dates below this summer and let's get dancing! Learn More HERE.

July 23: Joe Cook Blues Band

July 30: EntreMundos Quarteto

August 6: Great American Trainwreck

August 13: Elias Kauhane





The Spring District *Free*Outdoor Movies



GUARDIANS OF THE GALAXY

08/22/24-Rated PG

08/29/24-Rated PG-13

When: Thursday, 08/22 & 08/29
Where: 12167 NE 14th Terrace
The Spring District Plaza

Located by the bocce ball court & stage Seating starts at 7:30pm Free Popcorn!

Grandma's Southern Tea Cakes

by i heart recipes with Rosie Mayes

INGREDIENTS

4 cups all purpose flour 2 cups granulated sugar 2 eggs 1/2 cup buttermilk OR Sour milk 1/2 cup milk & 2 tsp lemon juice 1/2 tsp salt 1/4 tsp nutmeg 1 tsp baking soda 2 tsp baking powder 1/2 cup butter 1/2 cup butter flavored shortening 2 tsp vanilla extract



INSTRUCTIONS

- Place your flour into a large bowl. Along with the flour add the baking soda, baking powder, nutmeg, and salt. 1. Sift the ingredients until well combined, then set the bowl to the side.
- In a separate large bowl, place the butter and butter flavored shortening. Cream the two ingredients together. 2.
- Add the granulated sugar along with the butter and shortening, and mix until well combined, then add in the 3. eggs.
- Next, add in the Buttermilk / Sour milk , and the vanilla extract. Mixed until all of the wet ingredients are well 4. combined.
- Gradually add the dry ingredients along with the wet. 5.
- Once the all of the ingredients are well combined, and the cookie dough has formed, flour a flat surface, and 6. roll out the dough using a roll pin.
- Cut out the desired shapes for the cookies / tea cakes, and place them on wax paper. 7.
- Chill the dough in the refrigerator in the freezer for 10 minutes. 8.
- 9. Place a baking mat on your cookie sheet (or skip the baking sheet, it's up to you), and spray it with baking
- 10. Place the tea cakes on the cookie sheet, leaving at least 1 inch between each cookie.
- Bake the tea cakes on 350 F, for 7-8 minutes. 11.
- Remove the tea cakes from the oven, place them on a cooling rack until they are cool to the touch. 12.
- ENJOY!! 13.



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