

MAY 2024 NEWSLETTER

WHAT'S HAPPENING AT THE SPRING DISTRICT

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POINTS OF INTEREST

- Sound Transit Grand Opening: Event Wrap Up!
- The Spring District Wins 2030 Transportation Vision Award!
- Strawberry Shortcake Recipe!

2-LINE GRAND OPENING WRAP UP

SOUND TRANSIT CELEBRATES GRAND OPENING OF THE EASTSIDE 2-LINE TRAIN IN BELLEVUE

Saturday, April 27th, we celebrated the Grand Opening of Sound Transit's 2-Line service which runs right through The Spring District. The City of Bellevue, The Spring District, and Meta collaborated to welcome THOUSANDS of riders throughout the day. In spite of the rainy weather, the community came together to welcome the 2-Line light rail service on the Eastside. We celebrated with a DJ, live music throughout the day, a KidsQuest Museum interactive booth, face painting, food vendors and Sasquatch! Thank you for joining us on this momentous occasion!





THE SPRING DISTRICT

MAY HOLIDAYS



CINCO DE MAYO MAY 5

Join in the celebration of Mexican culture on Sunday, May 5, 2024. The holiday is often confused with Mexican Independence Day, which is observed on September 16. Cinco

de Mayo is the celebration of a Mexican victory in Puebla, symbolizing Mexico's resistance to foreign domination. Learn more here. This year join the Bellevue Brewing Company for some tasty specials on beer and food. Visit Bellevue Brewing's Instagram page here.



MOTHER'S DAY MAY 12

Mother's Day is the third most celebrated day in the world (after Christmas and Easter). Whether you are celebrating with a handmade or store bought card, flowers or jewelry, let your mom know you care.

Plan a festive day celebrating the Mom in your life with the help of the City of Bellevue. From coffee to after

dinner cocktails, they've got you covered. Check the website here.



MEMORIAL DAY MAY 27

Officially recognized as a holiday in 1971, Memorial Day is celebrated on the last Monday of the month of May. Flags should be flown at halfstaff from sunrise until noon on Memorial Day. Each year, a wreath is laid at the Tomb of the Unknown Soldier in Arlington National Cemetery as a symbolic gesture honoring all fallen soldiers,

those we know and those who served and died without official recognition.

Learn more here.



Visit the American Stroke Association website to learn more.

MAY IS AMERICAN STROKE MONTH

A stroke can happen to anyone at anytime. Know the signs so you can act F.A.S.T.

F = Face drooping

A = Arm weakness

S = Speech is different/ slurred

T = Time to call 911

MAY HIGHLIGHTS



BIKE EVERYWHERE DAY FRIDAY, MAY 17, 2024

Bike Everywhere Day is a great opportunity to try something new! If you've ever wanted to try biking to work, join this citywide event. Visit <u>Cascade Bicycle Club's website</u> to locate celebration stations and learn more about incorporating more trips on your bicycle into your ever day life: going to work, running errands, exercise and more!

Join us at The Spring District's Celebration Station at the corner of Spring Boulevard and 121st Ave NE from 8:30-10:30am for a fun start to your day!

THE SPRING DISTRICT WINS BELLEVUE 2030 TRANSPORTATION AWARD

The Spring District is the winner of this year's Seattle-Bellevue 2030 District Transportation Vision Award. This award recognized The Spring District for its strategic efforts in sustainable multimodal mobility design. The award was presented by Goran Sparrman, the Interim CEO of Sound Transit who raved about the project's innovation, and Sabrina Villanueva, Sr. Director of Property Management, Clise Properties. Just two days later, on Saturday, April 27th, The Spring District celebrated the Grand Opening of Sound Transit's 2-Line service which connects South Bellevue to Redmond with The Spring District right in the middle. Learn more and buy your ORCA card <u>here</u>.

BELLEVUE 2030 DISTRICT[®]







SAVE THE DATE

Spring District Family Festival

12167 NE 14th Terrace - on the Plaza Saturday, May 18, 11:30 a.m.-2 p.m.

Free and open to the whole community! Live music!

Food trucks (Lunch available for purchase) Kids' fun and games hosted by KidsQuest

KidsQuest_____ City of Bellevue Resource Tables

Getting there is easy!

Free parking in the BelRed Station lot, 13102 NE Spring Blvd

Limited free parking for the festival in the GIX Plaza Garage (by reservation)

From the Botanical Garden, a one-mile flat walk or order BellHop Service, free on-demand shuttle app, visitbellevuewa.com/bellhop

For a free parking space or rail reservation, contact neighborhoodoutreach@bellevuewa.gov or 425-452-6836

For alternate formats, interpreters, or reasonable modification requests please phone at least 48 hours in advance 425-452-5372 (voice) or email jellenhorn@bellevuewa.gov. For complaints regarding modifications, contact the City of Bellevue ADA, Title VI, and Equal Opportunity Officer at ADATitleVI@bellevuewa.gov.





PAWS & PRIDE WALK SATURDAY, JUNE 1, 2024

The Paws & Pride Walk presented by Symetra will return on Saturday, June 1 to Bellevue Downtown Park! Bellevue's largest LGBTQIA+ event will kick off Pride Month with a stroll around the park and postwalk festivities featuring a mimosa/beer garden, DJ Puma, RuPaw's Dawg Costume Contest, and Drag Queen, Gaysha Starr. Register here: https://www.bellevuedowntown.com/events/paws-and-pridedog-walk

Donations are encouraged and will be directed to Seattle Humane and Lambert House, a nonprofit committed to empowering lesbian, gay, bisexual, transgender, and questioning youth in the greater Seattle area.



FEATURED ORGANIZATIONS

GIVE BIG 2024

Be part of the biggest day of giving in Washington by supporting your favorite nonprofit between May 7-8, 2024.

GiveBIG offers you the chance to donate to your favorite non-profit or find a new favorite organization to support. Your individual donation, combined with donor matching funds and other community support, makes a greater impact and increases the donations made to all participating organizations. Last year over 22,000 people made over 46,000 donations totaling over \$12million!

Explore the <u>GiveBIG website</u> today.





Donate blood for Mother's Day! You're well past your mom getting after you to eat your greens, so helping save a life with a blood donation is a great and very grown-up way to make your mom proud. Help moms and babies in need by donating blood this May. Transfusions are needed in 1 in 83 infant deliveries. Find a blood donation option by zip code, or city name that works for you. Start to finish, allow yourself an hour to get through the full donation process. All donors need to check in with photo ID, and need to be at least 16 years old to participate.

EvergreenHealth Kirkland Blood Drive

May 3rd, 2024

Sammamish Hills Lutheran Church Blood Drive May 9th, 2024

Visit the <u>Bellevue Donor Center</u> website to schedule your appoint today!

Remember to Create Your New Account at www.bloodworksnw.org/giveblood

Use the new <u>Donor Scheduling Portal</u> to book your appointment to save lives. Get ready for a new donor scheduling experience that's mobile responsive and makes booking an appointment from your phone or desktop easy. [Watch Video]



BloodworksNW.org / 800-398-7888

UPCOMING SUMMER FUN!



2024 BELLEVUE BEATS & BITES MUSIC SERIES

Mark your calendar to enjoy sunny lunchtime concerts at The Spring District. We are excited to present an eclectic line-up including blues and authentic Hawaiian music. Join us on the dates below this summer and let's get dancing!

July 23: Joe Cook Blues Band

July 30: EntreMundos Quarteto

August 6: Great American Trainwreck

August 13: Elias Kauhane



The Spring District **Free** Outdoor Movies



08/22/24-Rated PG

08/29/24-Rated PG-13

When: Thursday, 08/22 & 08/29 Where: 12167 NE 14th Terrace The Spring District Plaza

Located by the bocce ball court & stage Seating starts at 7:30pm Free Popcorn!

Brandied Strawberry Shortcakes with Malted Whipped Cream

by Christopher Michel

When choosing a dessert to celebrate Mother's Day, choose this delectable dish! Feel free to substitute mixed berries or change the flavoring in your whipped cream.

Ingredients

For the brandied strawberries:

2 (16-ounce) containers strawberries, trimmed and quartered

1/2 c. granulated sugar

1/4 c. Čognac or other aged brandy

For the biscuits:

4 c. "00" Pizza Flour (or 2 2/3 cups all-purpose flour and 1 1/3 cups cake flour), plus more for work surface 3/4 c. granulated sugar

1 1/2 tsp. Kosher salt

- 4 tsp. baking powder
- 1 tsp. baking soda
- 3/4 c. (1 1/2 sticks) cold unsalted butter
- 1 1/2 c. buttermilk

Turbinado sugar, for sprinkling

For the whipped cream:

2 c. heavy cream

2 tbsp. granulated sugar

1/2 tsp. pure vanilla extract

2 tbsp. malted milk powder

Instructions

STEP 1 - Make the strawberries: Mash one-fourth of the strawberries with the back of a fork in a bowl. Stir in remaining berries, granulated sugar, and cognac. Cover and refrigerate at least 30 minutes and up to 3 hours.

STEP 2 - Make the biscuits: Preheat oven to 450°F. Sift together flour, granulated sugar, salt, baking powder, and baking soda in a bowl. Cut in butter using two forks or a pastry blender until it forms pea-size pieces. Stir in buttermilk and gently mix until a shaggy ball forms.

STEP 3 - Turn dough out onto a lightly floured work surface. With floured hands, knead 2 to 3 times. Pat or roll into a 1-inch-thick circle. Cut dough into 4 wedges and stack the pieces on top of each other. Roll again into a 1-inch-thick circle. Repeat 2 more times.

STEP 4 - Cut biscuits with a 2 1/2-inch round cutter; re-roll scraps. Place on a baking sheet, touching slightly. Sprinkle with turbinado sugar and freeze 15 minutes. Bake until golden brown, 18 to 20 minutes. Transfer to a wire rack to cool.

STEP 5 - Make the whipped cream: Beat cream, sugar, vanilla, and malted milk powder with an electric mixer on medium speed until soft peaks form, 1 to 2 minutes.

STEP 6 - Halve biscuits and top with berries and whipped cream, dividing evenly. Serve immediately.





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