

An aerial photograph of the Spring District in Seattle, Washington. The image shows a dense urban landscape with a mix of modern high-rise office buildings and older, lower-rise structures. A large body of water, likely Lake Washington, is visible in the background, with the city skyline and mountains in the distance. The foreground is dominated by a large parking lot and several modern buildings. The text 'MARCH 2024 NEWSLETTER' is overlaid in orange, 'WHAT'S HAPPENING AT' is overlaid in white with a black outline, and 'THE SPRING DISTRICT' is overlaid in large white letters with a black outline at the bottom of the image.

MARCH 2024 NEWSLETTER  
WHAT'S HAPPENING AT  
THE SPRING DISTRICT



## WHAT'S INSIDE?

- 03 Women's History Month
- 03 International Women's Day
- 04 March Holidays
- 05 March Highlights
- 06 March Highlights Cont'd
- 07 Neighborhood Spotlight: Spring Fling & Sound Transit Grand Opening
- 08 Spring Cleaning
- 09 Featured Organizations: Plymouth Housing & Bloodworks Northwest
- 10 Creamy Skillet Turmeric Chicken w/ Chickpeas Recipe

## POINTS OF INTEREST

The Spring District Spring Fling!

Here Comes the Train!

Seattle Dances! Annual Fundraiser for Plymouth Housing!

# MARCH IS WOMEN'S HISTORY MONTH

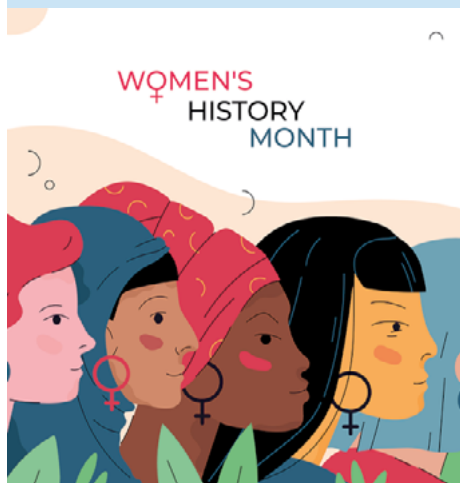
## WOMEN'S HISTORY MONTH MARCH 2024

In 1978 President Jimmy Carter issued the first presidential proclamation declaring the week of March 8 as National Women's History Week. Six years later, Congress was petitioned to expand the national recognition of women to the full month of March.

March is chosen as it encompasses International Women's Day, which is the global celebration of the achievements of women throughout history.

This year's theme for [Women's History Month](#) is "Women Who Advocate for Equity, Diversity and Inclusion." Lifting up women who honor and recognize that no one should be excluded as we strive for freedom and opportunity for all.

[The Soroptimist](#) website has put together a list of ways you can celebrate the women in your life. Learn more [here](#).



**"Women belong in places where decisions are being made."**  
-Ruth Bader Ginsburg



## INTERNATIONAL WOMEN'S DAY MARCH 8, 2024

Observed worldwide, March 8th is set aside to honor and promote the achievements of women. Organized originally by the Socialist Party of America in 1909, [International Women's Day](#) is now globally recognized to bring awareness to gender equality, reproduction rights, and violence against women. The United Nations has been the sponsor of International Women's Day since 1975.

Come together with the fabulous women in your life at Bellden Cafe on Sunday, March 10, 2024, for afternoon tea. Reserve your spot today at Bellden Cafe <https://allevents.in/bellevue/international-womens-day>.

**BELLDEN**  
CAFE

# MARCH HOLIDAYS



## RAMADAN MARCH 10, 2024

Ramadan honors the month during which Muhammad received revelations from God, or Allah, via the angel Gabriel. These revelations are assembled in the holy book known as the Quran. Ramadan is celebrated as a holy month of fasting, introspection, and prayer for followers of Islam. Islam is the second largest religion worldwide. Muslims observe Ramadan by fasting for

the 30 days of the ninth month of the 12-month Islamic calendar. This year, Ramadan begins the evening of March 10 and ends at sundown on April 9. Ramadan ends with a three-day festival known as Eid al-Fitr, when family and friends come together to enjoy food and camaraderie. Learn more [here](#).



## ST. PATRICK'S DAY MARCH 17, 2024

For over 1,000 years March 17th has honored the anniversary of St. Patrick's death. The holiday is marked by parades, feasts and drinking, but if we look beyond the green beer, we will see a holiday that honors the patron saint of Ireland. St. Patrick is honored as the person who brought Christianity to Ireland.

Until 40 years ago, St. Patrick's Day was a religious celebration and bars were not open. Today, St. Patrick's Day is a national holiday in Ireland and it generally kicks off the tourist season. Learn more [here](#).



## HOLI: FESTIVAL OF COLOR MARCH 25, 2024

Holi is a Hindu festival known for its vibrant colors and a jubilant celebration welcoming spring.

Whether you believe the origins of this festival honor the triumph of good over evil or the celebration of divine love between Lord Krishna and Radha, the festival brings people together to forgive grievances and spread joy and love through a festival of bright colors and water.

Gather your family and friends to participate in the [Redmond Holi Festival of Color](#) on Saturday, March 30, 2024, 11:00am-5:00pm.



## EASTER MARCH 31, 2024

Easter is the Christian celebration of the resurrection of Christ. Easter is generally recognized on any Sunday between March 22 and April 25. Through the centuries, Easter customs have grown and changed. Today many Christians observe Holy Week, which is the week between Palm Sunday and Easter. It is said that the eggs laid by chickens during Holy Week are considered "Holy Week Eggs," symbolizing new life and the resurrection of Christ.

Learn more [here](#).

# MARCH HIGHLIGHTS



## SPRING FORWARD MARCH 10, 2024

It's time to "spring ahead" and welcome Daylight Saving Time starting Sunday, March 10, 2024, at 2:00am. It is said that the 2:00am time was chosen due to the fact that there was little to no train traffic on Sundays in New York City to be interrupted by a time change when the time change was enacted. Learn more about Daylight Saving Time [here](#).



## GIX LAUNCHES GENERATIVE AI PROFESSIONAL DEVELOPMENT SHORT-COURSE

Developed by University of Washington experts in computer science, business, and law, this interdisciplinary, 3-day program is designed to equip business leaders with a working understanding of GenAI and its potential impact on their roles, teams, firms, and industries.

Participants will delve into GenAI's underlying concepts, applications, ethical considerations, and strategic implications. By taking this course, you will be more prepared to lead organizations, inspire teams, and serve client needs, as you discover how to gain a competitive advantage in a world transformed by Generative AI.

Learn more and register: [Generative AI for Business Leaders - Global Innovation Exchange \(uw.edu\)](https://uw.edu/global-innovation-exchange)





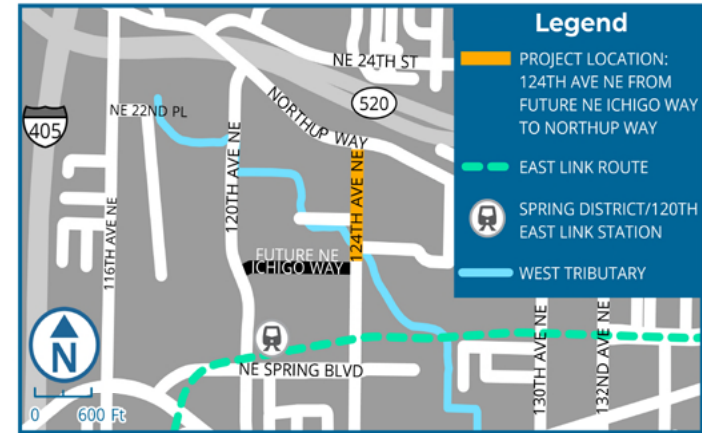
## MARCH HIGHLIGHTS CONT'D



### BLOCK 13 CONSTRUCTION IS COMPLETE

The neighborhood is quieter now that the construction is complete for Block 13 at the corner of NE 14th Terrace and 123rd Ave NE. Block 13 is an artful intersection of the various design aspects of the different buildings throughout The Spring District. The building is fully leased to Meta.

Above is The Spring District engineering team after they had been handed the keys to the building, so it can be managed and monitored until occupancy.



### 124TH AVE NE CONSTRUCTION UPDATE: ICHIGO WAY TO NORTHUP WAY

124th Avenue NE from Ichigo Way (Formerly Northeast 18th Street) to Northrup Way can be expected to remain closed through spring while construction improvements continue. The roadway is being raised and utilities are being installed.

Construction may continue through fall, but the road should open up by the beginning of summer.

Visit the City of Bellevue website for more information: <https://bellevuewa.gov/ichigo-northup>.

We all look forward to improved access for drivers, pedestrians, and cyclists.



# The Spring District *Spring Ring*



Join us Thursday,  
March 28, 2024  
from 3:30-5:30pm

Visit the petting zoo &  
get your photo taken with  
the Easter Bunny



Tract C Park  
12104 NE District Way  
Bellevue, WA 98005



## HERE COMES THE TRAIN!

SAVE THE DATE FOR THE 2 LINE  
SOUND TRANSIT GRAND OPENING  
SATURDAY, APRIL 27, 2024  
11:00AM - 4:00PM

Sound Transit is connecting the Eastside! The 2 Line Grand Opening Community Celebration at our very own Spring District Station will feature family-friendly fun throughout the park including live music, food trucks, and kids' activities. All 8 stations from South Bellevue Park and Ride to Redmond Technology Center will be activated following a 10am ribbon cutting ceremony at the Downtown Station.

Details coming soon! Save the date to join the fun as we welcome light rail to the Eastside!

# SPRING CLEANING



## "DO IT YOURSELF" MORE IN 2024!

### "HOW TO" CLASSES FROM CITY OF BELLEVUE

Spring is ideal for Do-It-Yourself projects! Join the City of Bellevue's upcoming classes featuring tools and demonstrations focused on making the most of what you already have.

Presenters will share easy home hacks for repairing, reusing, reducing and recycling. In-person classes are in partnership with King County Library Services and attendees will receive take-home tools. Classes are free and geared towards adults, but all are welcome. For more information, visit [BellevueWA.gov/Greener-Living-Classes](https://www.bellevuewa.gov/greener-living-classes), or email [recycle@bellevuewa.gov](mailto:recycle@bellevuewa.gov) to register.



## MARCH & APRIL CLASSES

### How to Choose Safer and Sustainable Products

Sunday, Mar. 3, 12-1 p.m.

### How to Make Your Food Last Longer

Friday, Mar. 8, 12-1 p.m.

### How to Make Easy Repairs of Household Items

Thursday, Mar. 14, 6-7 p.m.

### How to Repair Items Using Makerspace Tools *(Includes a tour of the Bellevue Library Makerspace)*

Tuesday, Mar. 19, 6-7 p.m.

### How to Sort Recycling, Composting & Potentially Hazardous Items

Friday, Mar. 29, 12-1 p.m.

### How to Use Less Plastic

Saturday, Apr. 20, 1-2 p.m.

### How to Use Online Tools For Waste Reduction, Recycling and Composting

Friday, Apr. 26, 12-1 p.m.

### How to Make Safer Household Cleaners

Tuesday, Apr. 30, 6-7 p.m.

Register for classes [here](#).



## FEATURED ORGANIZATIONS

### SEATTLE DANCES

#### IN SUPPORT OF PLYMOUTH HOUSING

Plymouth Housing makes supporting your local community and helping to end homelessness an absolute ball! Join local celebrities on March 9, 2024, for the 15th Annual Seattle Dances event in support of Plymouth Housing's mission of [Housing First](#).

Having a stable home allows people to meet other critical needs without the obstacle of worrying about how they will stay warm and dry. Once the barriers to housing are removed, Plymouth Housing residents are able to take advantage of the many supportive services offered as they move away from homelessness.

Your donation in support of a dancer, or directly to Plymouth Housing, helps our most vulnerable neighbors find safety, security, and hope for a brighter future.

Visit the Plymouth Housing Seattle Dances [website](#) to see the list of this year's celebrity dancers. The Spring District's General Manager, Linda Hoffner, is participating and you can support her in her quest to win a mirror ball trophy by following this [link](#).



Donate blood during the month of March and you'll be entered to win a [Schwinn Mendocino Adult Electric Cruiser Bike](#)! Learn more [here](#). Traditionally blood centers are low on blood in the winter. If you have an hour, please consider making an appointment to donate blood today.

Your generosity could save a life. Thank you.

[Union Hill Church - Redmond](#)

March 22, 2024, 9am-3pm

[Holy Family - Kirkland](#)

March 22, 2024, 8am-2pm

Visit the [Bellevue Donor Center website](#) to schedule your appointment today!

**Remember to Create Your New Account at**  
[www.bloodworksnw.org/giveblood](http://www.bloodworksnw.org/giveblood)

Use the new [Donor Scheduling Portal](#) to book your appointment to save lives. Get ready for a new donor scheduling experience that's mobile responsive and makes booking an appointment from your phone or desktop easy. [\[Watch Video\]](#)

What you'll need: Have your Donor ID handy when creating your account. Your Donor ID is on your donor sheet (received during donation) or in the email announcement going out to all donors on October 18th. Have a question? Our Donor Care Team at 800-398-7888 or [schedule@bloodworksnw.org](mailto:schedule@bloodworksnw.org) can look up your Donor ID, provide support, reset passwords, and trouble shoot. We've got you covered!



BloodworksNW.org / 800-398-7888

# Creamy Skillet Turmeric Chicken with Chickpeas

by [Running to the Kitchen](#)

Servings 8 | PREP 10 Minutes | COOK 20 Minutes | TOTAL TIME 30 Minutes

This creamy turmeric chicken is an easy one-skillet meal with hearty chickpeas. Serve it over rice with a cilantro garnish for a delicious dinner in under 30 minutes. It is easy to modify serving size to suit your needs.

## INGREDIENTS

- 2 tablespoon coconut oil
- 2 small yellow onion, chopped
- 4 tablespoons freshly grated turmeric
- 3 pounds chicken breast, chopped into cubes
- salt and pepper
- 2 teaspoon ground turmeric
- 3 teaspoon ground ginger
- 0.5 cup chicken broth
- 2 can, 15 oz. full fat coconut milk
- 2 can, 15 oz. chickpeas, drained and rinsed
- freshly chopped cilantro or parsley for garnish

## INSTRUCTIONS

1. Place skillet over medium heat.
2. Melt coconut oil in the pan. Add onions and fresh turmeric and sauté for about 3 minutes until softened.
3. While onions cook, season the cubed chicken with salt, pepper, ground turmeric and ground ginger and toss to combine.
4. Add chicken to the skillet and brown for about 3 minutes per side.
5. Add the broth and coconut milk to the skillet, stir to combine and simmer over medium-low heat for 5 minutes.
6. Add the chickpeas and continue cooking another 5 minutes.
7. Remove from heat, garnish with fresh herbs and serve over rice.

## NUTRITION

SERVING: 1SERVING CALORIES: 449KCAL CARBOHYDRATES: 7G PROTEIN: 55G FAT: 22G SATURATED FAT: 15G

POLYUNSATURATED FAT: 4G CHOLESTEROL: 145MG SODIUM: 268MG FIBER: 2G SUGAR: 1G

Nutrition information is automatically calculated, so should only be used as an approximation.







PRODUCED BY

WRIGHT RUNSTAD & COMPANY