



SEPTEMBER 2023 NEWSLETTER

WHAT'S HAPPENING AT

THE SPRING DISTRICT

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## POINTS OF INTEREST

Last Free Summer Movie  
Bellwether Art and Tech Festival  
Bellevue Farmers Market



## PLYMOUTH CROSSING OPENS AT EASTGATE

Since 1980, Plymouth Housing has been responding to the local area housing crisis with compassion, kindness, and supportive services. Plymouth Housing utilizes the housing first approach to providing for people in crisis. Housing First springs from the idea that when basic needs are met, people are better able to focus on their health and job security. Today, Plymouth is one of the largest providers of low-income housing in downtown Seattle with 1,200 residents and 17 retail tenants in 14 building.

In July, Plymouth Crossing opened on the Eastside. This multifaceted approach to homelessness works in conjunction with a men's shelter operated by [PorchLight](#), formerly Congregations for the Homeless, and an affordable housing project, currently under construction by [Inland Group](#), called Polaris.

Learn more by visiting the [Plymouth Housing](#) website.



## CONGREGATIONS FOR THE HOMELESS CHANGES ITS NAME TO PORCHLIGHT

Thanks to generous donations made by local businesses and organizations (including a \$200,000 collective donation from The Spring District community partners), Porchlight Eastgate was able to complete construction this year. The new permanent home provides safe shelter, three meals a day, personal care services, as well as access to social service providers. With Plymouth Housing nearby, there are many options available so individuals are able to find the best solution for their particular needs.

The new Eastside men's emergency shelter offers 100 shelter beds, a dining area, and offices for PorchLight staff. The shelter also offers client services addressing mental-health issues, substance-use counseling, and employment counseling. The shelter is equipped to provide shelter and services to 1,500 men each year. Porchlight is prepared to offer services to help individuals with the services they need at the time they enter the shelter, whether it's a shower or job counseling.





Bellevue  
Downtown  
Association

## MEET THE BELLEVUE CITY COUNCIL CANDIDATES TUESDAY, SEPTEMBER 26

As part of the 2023 [Downtown Talks Breakfast Series](#), Bellevue Downtown Association invites you to attend a candidate forum on Tuesday, September 26, 2023, 7:30-9:00am. This is a great opportunity to meet the Bellevue City Council Candidates, mingle with local area business leaders and your neighbors. In addition there will be a chance to submit questions and hear directly from the candidates where they stand on issues related to the local business community.

Register for the breakfast: [HERE](#).

To view the candidates running for the City of Bellevue, visit the King County elections website: <https://info.kingcounty.gov/kcelections/Vote/contests/who-has-filed.aspx?eid=38>



\* Indicates incumbent



## SPRING 2024 SOUND TRANSIT ARRIVES ON THE EASTSIDE

Traveling to The Spring District to participate in our fun community events is about to get a lot easier! Sound Transit is planning to launch 2 Line service next spring. The 2 Line connects eight East Link Extension stations, including The Spring District!

Visit the Sound Transit [website](#) to learn more about light rail expansion throughout the Puget Sound region.

## SUMMER CELEBRATIONS

### BELLWETHER ART AND TECH FESTIVAL COMES TO THE SPRING DISTRICT

Sustain Music Project at The Spring District  
Saturday, September 9th, 2023, 6:00-9:00pm

The Sustain Music Project's [Christina Medawar](#) performs Algo-rhythms. Experience the captivating fusion of music and math at "Algo-rhythms", presented by The Sustain Music Project. This innovative concert takes you on a captivating journey, featuring a diverse program ranging from Bach's intricate fugues to a composition composed through computer algorithms. Immerse yourself in the multi-sensory experience as the six featured instruments—flute, clarinet, trumpet, violin, viola, and cello—unveil the intriguing connections between music and math, accompanied by mesmerizing video projections. Don't miss this thought-provoking exploration of the powerful relationship between the worlds of sound and technology.



The Spring District program will also feature [Kathryn Van Meter](#) presenting "Movement and Music Demo: Is Line Dance Actually a Math Equation?" Join us for an exploration of the joys (and math?) of communal dance. This half hour demonstration welcomes all ages and will get your mind and body moving. Are you someone who loves math and science and thinks you can't dance? Come on out and learn how to translate the skills of the left side of your brain into a full-bodied movement experience.



### BELLWETHER ART AND TECH FESTIVAL COMES TO THE SPRING DISTRICT

An annual event, The Art and Tech Festival features local artists and technology makers as they present new and innovative creations combining technology with dance, music, spoken word, and visual arts. Throughout the month of September The Festival features four events. To learn more about the organization and the schedule of events, visit their website [HERE](#).

A bellwether is a sign of things to come and this year's event will highlight wonderful local talent. This year's event is sponsored by Amazon.

# BELLEVUE HIGHLIGHTS



## BELLEVUE CELEBRATES A GREEN SUMMER

This summer Bellevue showed up and made a positive impact toward conserving water and recycling paper. Congratulations!

### PAPER SHREDDING EVENT UPDATE

This year's paper shredding event doubled recycling! Approximately 33,750 pounds of paper documents were shredded for recycling at the Bellevue shredding event on Saturday, August 19, 2023 - that is more than double what was collected last year! A total of 524 cars of Bellevue residents participated in the event. The confidential documents were shredded on site by Confidential Data Disposal staff. The shredded paper was delivered to International Paper in south King County for recycling.

### ZERO WASTE WATER STATIONS UPDATE

To help 4th of July attendees stay hydrated and reduce waste at this year's festivities at the Bellevue Downtown Park, the City of Bellevue offered touchless tap drinking water stations ... it was a heat wave day! 5,000 liters of healthy drinking tap water was consumed thanks to this innovative partnership. This is equivalent to reducing over 10,000 single-use plastic water bottles! Bellevue Utilities invested in this partnership to help protect human health, provide equitable access to safe drinking water, and align with the goal of Zero Waste.



## BE CAUTIOUS AS WE GET BACK TO SCHOOL

The City of Bellevue has some driving safety reminders as children head back to school and commuters are once again sharing the road with school buses. Visit the [City of Bellevue website](#) for more information.

Some key reminders are:

- Follow the speed limit
- Stop when school bus lights are flashing or the stop paddle is out
- Slow down and watch for kids walking, biking and rolling
- Follow parking laws when picking up and dropping off children
- Reduce traffic by walking, biking, carpooling or taking the bus



## NEIGHBORHOOD EVENTS



### BELLEVUE FARMERS MARKET

WEDNESDAY, SEPTEMBER 6

11 AM - 2 PM

SPRING DISTRICT PLAZA - 12167 NE 14TH TERRACE

Muddy Boots (veggies)

P&K (flowers)

Sidhu (berries)

The Med (hummus)

Mami Tran (Vietnamese Food Truck)

ChocolateSpiel (chocolate)

Alpenglow (cocktail mixers and lemonade)

Enjoy live music from 11 - 1 PM

Stop by the Information Booth for a Kids Activity

Presented  
by



Hosted  
by



JOIN US FOR OUR REMAINING MARKETS ON 9/6 & 10/4

WWW.BELLEVUEFARMERSMARKET.ORG

## LIVE MUSIC IN THE SPRING DISTRICT!



Arts Without Barriers presents [Kimo Muraki](#)  
in The Spring District on Wednesday,  
September 6, 11:30am-1:30pm

Kimo Muraki is a Seattle based performer, multi-instrumentalist, vocalist, composer, arranger, live and studio musician actively recording for major labels and independent artists. Muraki is currently, or has been, a contributing member for bands/artists such as: Fences, Super Sonic Soul Pimps, The Maldives, Shaprece, Surrealized (among others), and is a founding member of Marmalade, the longest running funk/soul weekly residency in the history of the Seattle music scene. Muraki performs in his own original projects as a composer/vocalist/multi-instrumentalist.

Find Kimo Muraki within the Bellevue Farmers Market Wednesday, September 6, located in The Spring District Plaza at 12167 NE 14th Terrace. Learn more about [Arts Without Barriers](#) here.

## UPCOMING EVENTS



### PLAN AHEAD FOR YOUR FLU SHOT FLU CLINIC IS WEDNESDAY, OCTOBER 4

The Spring District is coordinating with Global Innovation Exchange and Bartell Drugs to host a flu clinic on Wednesday, October 4<sup>th</sup>, 2023, 9:00-11:00am.

Fill out paperwork on site. Bring your insurance card or \$45.99.

Visit [King County](#)'s website to learn more about the flu shot and flu shot clinics offered throughout King County.



### BELLEVUE CROSS-CULTURAL CENTER



Register now for a chance to contribute to the creation of different cultural programs, events and activities that take place throughout Bellevue. The workshop is Tuesday, September 19<sup>th</sup>, 2023, from 6:00-8:00p, at

Odle Middle School, Commons. Visit the website to register and learn more about this innovative project: [HERE](#).

### UKRAINIAN INTERNATIONAL FESTIVAL

Bellevue hosts the largest Ukrainian festival on the West Coast. Enjoy authentic Ukrainian food, traditional clothing, customs, and music. This annual event takes place Saturday, September 9<sup>th</sup>, 2023, from 10:00am - 8:00pm, Bellevue Downtown Park, 10201 NE 4th St, Bellevue, WA 98004.

Learn more [HERE](#).





## THE SPRING DISTRICT **FREE** OUTDOOR MOVIES

### LIVE MUSIC BEFORE THE MOVIE!

Arts Without Barriers presents [E. Pruitt](#) in The Spring District on Thursday, September 7, 4:00-6:00pm

Bass Soloist, Clinician and Composer [E.Pruitt](#) is a Native of Kansas City and a Graduate of the Charlie Parker School for the Performing Arts. He's a Winner of a number of Bass Awards, most recently Winning the "2018 Seattle Sound Music Awards" in the "Best Band" category. Playing a 6 String Performance Bass that in some cases mimics a Piccolo Bass, E's Music would be considered Contemporary Jazz combined with Funk, R&B and a taste of Neo-Soul. Without Music, Life is Meaningless.

Find E.Pruitt in The Spring District entertaining us before the movie, The Greatest Showman, on Thursday, September 7<sup>th</sup>, located in The Spring District Park near the stage. Visit the [Arts Without Barriers](#) website to learn more.



*Join us before the movie for pony rides and a movie-themed selfie station sponsored by Meta! These FREE sunset movies are located by the The Spring District Bocce Ball court & stage at 12167 NE 14th Terrace.*

*Seating starts at 7:30pm. Movies start at dusk.*

*You bring the chair;  
we'll supply the  
popcorn!*

# FEATURED ORGANIZATIONS

## BEST

### BUSINESSES ENDING SLAVERY AND TRAFFICKING

In 2012, BEST was formed with the goal of preventing human trafficking.

BEST stands for Businesses Ending Slavery and Trafficking and makes it their mission to not only prevent human trafficking but to provide answers and solutions for those exiting the harmful situation and finding employment. This nonprofit works worldwide to educate people and organizations on how to recognize forced labor and sex trafficking by providing training to the hotel and construction industries, as well as other commercial partners working to create a world that is "inhospitable to human trafficking".

The BEST education programs educate employers on recognizing, reporting, and preventing trafficking. In addition, the individual survivors can participate in training programs that provide employment opportunities and support as they transition to their new life.

By creating training materials and programs, BEST assists industries as they educate their employees about their critical role in recognizing and ending human trafficking in their particular workplace: hospitality, maritime, transit, construction, and other fields.

[BEST](#) provides tangible ways society can help assist those in need directly, as well as helping to end human trafficking by interrupting its outlets, such as hotels and workplaces. Support this critical work [here!](#)



The need for blood doesn't take a day off for a holiday, so if you are available, please book an appointment to give blood this Labor Day, September 4th. Most of the Bloodworks Northwest brick & mortar donation centers will be open on Labor Day, and we welcome you in to save a life. Booking a blood donation for any day during the month of September works just as well! We urge you to schedule a blood donation appointment, because Someone's Tomorrow Needs a Blood Donor Today! All donors need to check in with photo ID and be at least 16 years old.

[Issaquah Latter Day Saints](#)

September 7 & 8

[Bellevue St Louise Catholic Church](#)

September 18

[Issaquah Highlands - Blakely Hall](#)

September 22

[Issaquah Swedish Medical Center](#)

September 22

[Mercer Island Community Center](#)

September 25 & 26

*"Thank you so much for your generous donation. I'm a cancer patient with anemia and your blood donation is helping me have the energy to continue cancer treatment, and also to spend time with my family, including my six month old son. Thank you again for your generosity!"*



BloodworksNW.org / 800-398-7888

# Apple Streusel Cake

By [Inspired by Charm](#)

Make this recipe and tag [@TheSpringDistrict](#)! We want to hear from you!

## INGREDIENTS

Streusel:

- 1 1/2 cups all-purpose flour
- 3/4 cup brown sugar packed
- 1/2 teaspoon ground cinnamon
- 1/4 teaspoon salt
- 1/2 cup melted butter
- 1/2 teaspoon vanilla

Cake:

- 2 1/2 cups sliced peeled apples (I used Granny Smith.)
- 3 tablespoons unsalted butter
- 3 tablespoons brown sugar packed
- 1 1/2 cups all-purpose flour
- 3/4 cup granulated sugar
- 1/2 teaspoon baking powder
- 1/4 teaspoon baking soda
- 1/4 teaspoon salt
- 1/4 cup butter melted
- 1 egg lightly beaten
- 1/2 cup buttermilk
- 1/2 teaspoon vanilla

Icing:

- 1 1/2 cups powdered sugar
- 1/4 teaspoon cinnamon
- Pinch nutmeg
- Pinch cloves
- Pinch of salt
- 2-3 tablespoons apple cider



## INSTRUCTIONS

1. Preheat your oven to 350 degrees F. Grease and flour an 8-inch springform pan (or a 9-inch square baking pan).
2. Prepare the streusel: stir together the flour, brown sugar, cinnamon, and salt in a medium bowl. Drizzle this mixture with the melted butter and vanilla. Combine with a fork.
3. Make the Apple Filling: In a large skillet over medium heat, cook the apples in the 2 tablespoons of unsalted butter for 5-7 minutes or until tender. Stir in the brown sugar. Simmer, uncovered, for about 60 seconds. Remove from the heat and set aside.
4. Make the cake batter: In a medium bowl combine the flour, sugar, baking powder, baking soda, and salt. Add the melted butter and mix with a fork until the mixture resembles coarse crumbs. Make a well in the center of the mixture, add the egg, buttermilk, and vanilla. Stir just until moistened. (The batter will be lumpy.)
5. Spread about 1 cup of the batter into the prepared pan. Spoon the apple filling over the batter in an even layer. Sprinkle with 2/3 cups of the streusel mixture. Drop the remaining batter in small mounds onto the filling. Sprinkle with remaining streusel.
6. Bake for 40-45 minutes or until a toothpick inserted near the center comes out clean. Cool in the pan on a wire rack for at least 30 minutes.
7. Meanwhile, make the icing by whisking together the powdered sugar, spices, salt, and enough apple cider to create a drizzling consistency.
8. Serve warm, drizzled with the icing. (The cake is still delicious served at room temperature.)



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