



AUGUST 2023 NEWSLETTER

WHAT'S HAPPENING AT

THE SPRING DISTRICT

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## POINTS OF INTEREST

BDA Summer Concerts

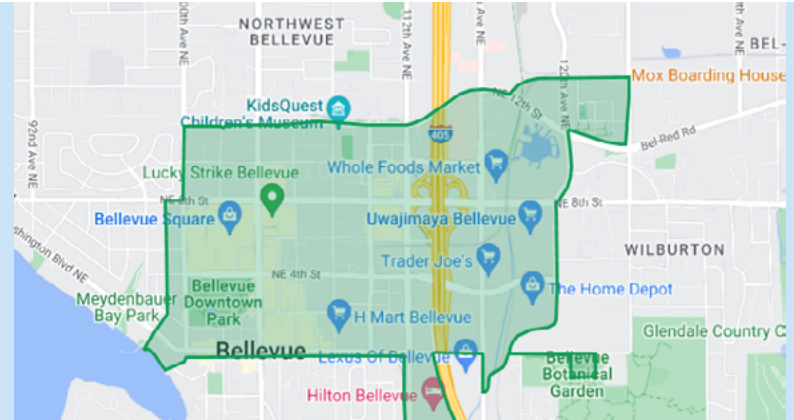
Bellevue Farmers Markets

BellHop Free Ride Around Bellevue



## BELLHOP - FREE RIDE AROUND BELLEVUE

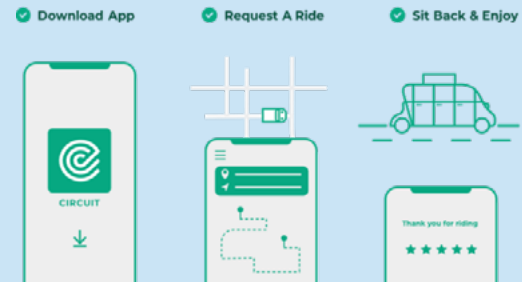
Exploring the City of Bellevue just got a whole lot easier! Starting this month, explore Bellevue for free by using [BellHop](#). BellHop is an all electric fleet of vehicles that will pick you up for free and shuttle you around the Bellevue corridor, an area of approximately 6 square miles. The route includes The Bellevue Botanical Garden, KidsQuest Museum and The Spring District! All you have to do is download the Circuit app! Visit the website and learn more, [BellHop](#).



## BELLHOP IS YOUR FREE RIDE TO EXPLORE BELLEVUE

### POWERED BY CIRCUIT

According to Visit Bellevue, Bellhop aims to replace short car rides of two miles or less – which accounts for 35% of car trips – with more sustainable options. Bellhop is projected to reduce over 100 metric tons of CO2 emissions annually. "This point-to-point, on-demand, all-electric connector transportation service signifies a meaningful stride towards our commitment to sustainability, and we are eager to see how it revolutionizes last-mile travel while enhancing the visitor experience in Bellevue," said Brad Jones, Executive Director of Visit Bellevue. This unique pilot program will run through December 31 and plans to integrate eco-friendliness with an elevated, sustainable, and a seamless travel experience.



# SUMMER CELEBRATIONS

## INTERACTIVE MUSICAL MASTERPIECE VISITS THE SPRING DISTRICT

[KidsQuest Museum](#) and [The Sustain Music Project](#) brought a wonderful musical performance to The Spring District. This interactive show demonstrated how when music and storytelling are combined, we are encouraged to explore our own artistic expression. Children and adults alike were given the opportunity to build their own musical instruments and paint on paper and plastic as the musicians with Sustain Music Project played classical pieces ranging from Peter and the Wolf to the theme from Frozen.

The Spring District water feature offered the perfect way to cool off on a summer day, while the [J & Y Creperie](#) was on site selling both sweet and savory crepes. Thank you all for supporting this creative and fun concert. We look forward to seeing you in the park for our next event.



# BELLEVUE HIGHLIGHTS



## PAPER SHREDDING RECYCLING EVENT AUGUST 19TH AT SAMMAMISH HIGH SCHOOL

Bring your documents containing sensitive information to a paper shredding event at [Sammamish High School \(100 140th Ave. SE\), on Saturday, Aug. 19, 9:00am-12:00pm](#) or until the trucks are full. With an on-site shredder, a secure company will shred and recycle documents. Empty boxes will be immediately returned to customers. We cannot recycle any boxes on site.

Bellevue residents only & limit of 4 banker-size boxes per car (11"x11"x17.5" max per box), no exceptions.

The following material is NOT accepted at this event: already shredded paper, computer disks, plastic of any kind, X-rays, three-ring binders, cardboard, and garbage.

*Remember that when you shred paper at home the shredded paper cannot go in your home recycling or composting carts!* If you shred your sensitive paper documents at home, then the shredded paper belongs in the garbage. Since shredded paper is harder to recycle than whole sheets, please shred only what you need to. The state Attorney General's Office offers additional guidance on shredding: [ATG.WA.gov/what-shred](#). Shred documents containing sensitive information, such as bank account or social security numbers. For additional event or recycling questions, email [recycle@bellevuewa.gov](mailto:recycle@bellevuewa.gov).



## KEEP BELLEVUE BEAUTIFUL CAMPAIGN LAUNCHES

A new campaign launched in July allowing Bellevue residents to help [Keep Bellevue Beautiful!](#) The program is hosting two upcoming cleanup days:

August 12 Downtown cleanup - starting at City Hall, 450 110th Ave NE

August 19 Factoria cleanup - starting at Factoria Marketplace, 4055 Factoria Blvd SE

Please RSVP here, [keepbellevuebeautiful@bellevuewa.gov](mailto:keepbellevuebeautiful@bellevuewa.gov) to participate in the cleanup days. The program also allows citizens to report abandoned shopping carts to the following portal: [MyBellevuePortal](#). Let's Keep Bellevue Beautiful!



## NEIGHBORHOOD HIGHLIGHTS

**[solidcore]**  
bellevue

(206) 466-0713  
bellevue@solidcore.co

1387 121st ave ne, bellevue, wa 98005



scan to learn more



### grand opening celebration!

Join us at the new Bellevue [solidcore] studio on Sunday, Aug. 20th for our Grand Opening Celebration! We will be running classes all day, raffles, giveaways, specials, and other fun "pop ups" in studio! Lululemon, Zen SweatNW, Swair waterless shampoo, r+Co, Joe Bae Salon, Chimes Ginger Chews, Nerd Focus Energy Drinks, Harts & Pearls accessories, Celsius, Liquid IV, and more! We can't wait to meet you in studio! Book your class NOW in the [solidcore] app!

### exclusive for new clients, limited time offer

**new client 2 week  
unlimited!**

**\$89**

exp. 14 days from purchase

**founder's  
10-class package**

**\$319.92**

exp. 90 days after purchase

**new client  
buy 1, get 1 free!**

**\$43.17**

exp. 14 days from purchase

# [solidcore]

## SOLIDCORE COMES TO THE SPRING DISTRICT!

Join [Solidcore](#) for their Grand Opening Celebration on Sunday, August 20, 2023, 8:00am-2:00pm. Stop by to try a class, introduce yourself and enter a raffle. Scan the QR code on the previous page for more information.

Solidcore is located in the AMLI Apartment complex. Find the current schedule [here](#). The schedule changes monthly providing a wide variety of workouts and class times.



## NEIGHBORHOOD EVENTS



## LIVE MUSIC IN THE SPRING DISTRICT!

Arts Without Barriers presents [E.Pruitt](#) in The Spring District on Wednesday, August 2, 10:00am-12:00pm

Bass Soloist, Clinician and Composer [E.Pruitt](#) is a Native of Kansas City and a Graduate of the Charlie Parker School for the Performing Arts. He's a Winner of a number of Bass Awards, most recently Winning the "2018 Seattle Sound Music Awards" in the "Best Band" category. Playing a 6 String Performance Bass that in some cases mimics a Piccolo Bass, E's Music would be considered Contemporary Jazz combined with Funk, R&B and a taste of Neo-Soul. Without Music, Life is Meaningless.

Find E.Pruitt within the Bellevue Farmers Market this Wednesday, August 2, located in The Spring District Plaza at 12167 NE 14th Terrace.

Visit this website to see the [Arts Without Barriers](#) summer musical lineup.



# NEIGHBORHOOD EVENTS



**BELLEVUE FARMERS MARKET**

**WEDNESDAY, AUGUST 2**

**11 AM - 2 PM**

**SPRING DISTRICT PLAZA - 12167 NE 14TH TERRACE**

Join us for a curated midday market with these great vendors!

<b>Bobae &amp; Origin Bakery</b>	<b>Sidhu Farms</b>
<b>Spice Waala</b>	<b>The Mediterranean</b>
<b>P &amp; K Flowers</b>	<b>DD's Fresh Juice</b>
<b>Muddy Boots Farm</b>	

Enjoy live music from 11 - 1 PM  
Stop by the Information Booth for a Kids Activity

Presented by  Meta

Hosted by  THE SPRING DISTRICT

JOIN US FOR OUR REMAINING MARKETS ON 8/2, 9/6 & 10/4

[WWW.BELLEVUEFARMERSMARKET.ORG](http://WWW.BELLEVUEFARMERSMARKET.ORG)



## BELLEVUE BEATS AND BITES!

Join us August 2 & 16 for lunchtime concerts between 12:00-1:00pm in The Spring District!

August 2 - [Aaron Crawford](#)

August 16 - [Mambo Cadillac](#)

We look forward to seeing you in The Spring District for Lunchtime Concerts in conjunction with [Bellevue Beats & Bites summer concert series](#).





## NEIGHBORHOOD EVENTS



### BLOCK 13 UPDATE

Have you noticed that the glass is being installed on the newest building in The Spring District? Block 13 is on track to open in Q1 2024. The lovely glass exterior gives the impression of a subtle wave rising from The Spring District. We are all excited to see how the completed building enhances our neighborhood. Watch the live stream camera as the building is finished: [Block 13 Live Cam](#).



JULY 25, AUGUST 22, SEPTEMBER 26  
12:00-1:00PM

### SUMMER SUSTAINABLE BELLEVUE LUNCH & LEARNS



### SUMMER SUSTAINABLE BELLEVUE LUNCH & LEARNS

Are you interested in learning about the growth of Bellevue and how planning for the future impacts communities, citizens, and the natural environment. Learn more about the upcoming sessions [here](#):

- Tuesday, Aug 22, 2023 at 12:00:00 GMT-0700 (Pacific Daylight Time) Topic: Racially Disparate Impact analysis
- Tuesday, Sep 26, 2023 at 12:00:00 GMT-0700 (Pacific Daylight Time) Topic: Climate Vulnerability Assessment

Register and reserve your virtual seat today!

The City of Bellevue wants hear from you.

## THE SPRING DISTRICT **FREE** OUTDOOR MOVIES



AUGUST 31<sup>ST</sup>:  
MOANA

*Join us for pre-movie entertainment and a movie-themed selfie station sponsored by Meta! These Free sunset movies are located by the The Spring District Bocce Ball court & stage at 12167 NE 14th Terrace.*

**Seating starts at 7:30pm.  
Movies start at dusk.**

***You bring the chair; we'll supply the popcorn!***



SEPTEMBER 7<sup>TH</sup>:  
THE GREATEST SHOWMAN

# FEATURED ORGANIZATIONS

## EASTRAIL PARTNERS

Making the 42-mile Eastrail for everyone, every day. Built on a historic railroad line, Eastrail runs 42 miles along the east side of Lake Washington - from Renton to Snohomish - fostering community and sustainability for our region.

Currently under development with several sections open, Eastrail is truly a generational opportunity built for everyone as a wide, flat trail, with amazing scenery and lots of ways to connect with neighbors and our region through transit and public spaces!

Eastrail Partners, the 501c3 nonprofit that unifies and galvanizes this ambitious trail effort, works to create a thriving trail that reflects the diversity of the Puget Sound in partnership with communities, business, and governments to raise awareness, secure trail funding, and connect people to each other and the trail.

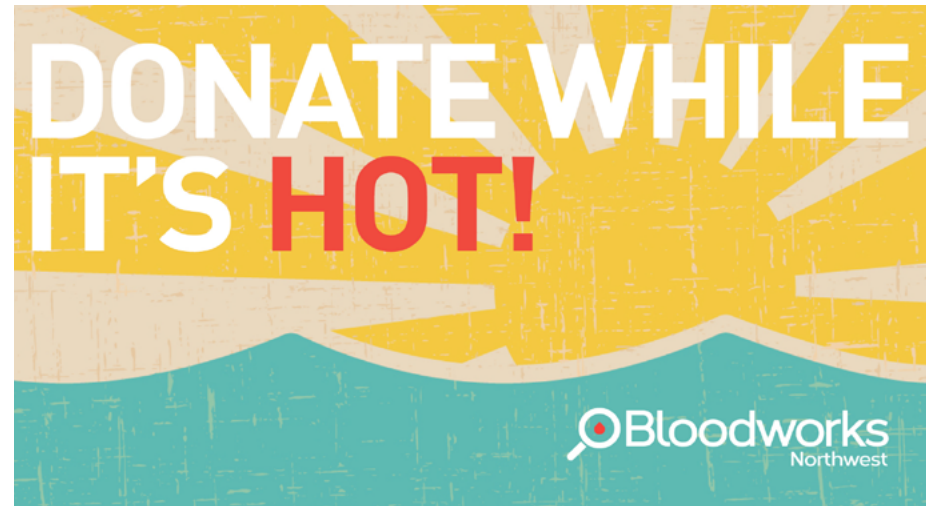
We believe Eastrail must be safe and accessible, especially for individuals and communities who might not traditionally feel comfortable in this space: we are committed to an inclusive Eastrail that is welcoming to all.

In our first three years as an organization, Eastrail Partners helped secure \$43M for the Eastrail effort, and built community through partnerships and trail activation.

Get involved! Join us the afternoon of Thursday, September 7th, to open the Northrup Way Connector project, which will link the 520 Trail Corridor to the Eastrail. We'll walk and ride the new connector, then take the trail into the Spring District for a celebration!

Support our work [here](#)!

## CONNECTING



**Stay cool for an hour, relax with your feet up in an air conditioned space, while saving a life. Blood donors are needed this summer, so please join us at any of the blood donation locations below. Book your donation appointment in advance, and on donation day, arrive with your photo ID, and be sure that you are well hydrated, and have eaten a good meal. Learn more about being a blood donor with this link [Am I Eligible to Donate Blood](#)**

[Kenmore Community Club](#)

August 2

[Branches Church-Woodinville](#)

August 16

[Northlake Christian Church-Bothell](#)

August 7

[Anytime Fitness-Snohomish](#)

August 24

[LyFE Manufacturing/Lyell Parking Lot](#)

August 14

[City of Kirkland](#)

August 29-31

*"Thank you so much for your generous donation. I'm a cancer patient with anemia and your blood donation is helping me have the energy to continue cancer treatment, and also to spend time with my family, including my six month old son. Thank you again for your generosity!"*



BloodworksNW.org / 800-398-7888

# Frozen Yogurt Bark

By [Brittany Mullins](#), [Eating Bird Food](#)

This fast & easy warm-weather treat is perfect for a summer evening dessert. It can easily be modified to accommodate dietary restrictions! Make this recipe and tag [@TheSpringDistrict](#)! We want to hear from you!

## INGREDIENTS

Ingredients

- 1 1/2 cups plain full-fat Greek yogurt
- 2 Tablespoons maple syrup or honey
- 1 teaspoon vanilla extract
- 1/3-1/2 cup fresh strawberries sliced
- 1/3-1/2 cup fresh blueberries
- 2-3 Tablespoons unsweetened coconut flakes

## DIRECTIONS

1. Line a rimmed baking sheet with parchment paper.
2. In a medium bowl, stir together yogurt, maple syrup and vanilla until well combined.
3. Spread yogurt mixture evenly, about a 1/4 of an inch thick, onto the prepared baking sheet in rectangular shape. Scatter the strawberries and blueberries on top. Sprinkle with coconut flakes.
4. Place in the freezer for about 3 hours or until the yogurt is firm. Cut or break into 16-20 pieces and serve.
5. Store leftover yogurt bark in a sealed freezer bag for up to 3 months. I like taking it out and letting it sit for about 3-5 minutes before eating.





PRODUCED BY

WRIGHT RUNSTAD & COMPANY