

An aerial photograph of a city district, likely Seattle's Spring District. The image shows a mix of modern high-rise buildings, some under construction, and older industrial-style buildings. There are large parking lots, a river or canal, and a highway in the background. The overall scene is a dense urban environment.

WHAT'S HAPPENING AT THE SPRING DISTRICT

MARCH 2023 NEWSLETTER

WHAT'S INSIDE?

- 03 Women in Construction:
Building The Spring District
- 04 Neighborhood Events:
Spring & Summer Calendar
- 05 Spring Fling 2023
- 06 March Celebrations
- 07 Local Philanthropy: Rainier
Athletes & Bloodworks
Northwest
- 08 Neighborhood Highlights:
Green Living
- 09 Irish Guinness Brown Bread
Recipe

POINTS OF INTEREST

Spring Fling 2023
March Celebrations
Rainier Athletes



TURNER CONSTRUCTION



APEX STEEL



MINDY LEVINE-ARCHER/NBBJ

WOMEN IN CONSTRUCTION

Fifteen years ago The Spring District was a concept envisioned by Greg Johnson, CEO of Wright Runstad & Company. Together with Cindy Edens, EVP-Director of Development for Wright Runstad & Company, and Mindy Levine-Archer, AID, Partner NBBJ, The Spring District moved from concept to reality. This year Cindy Edens retires after 40+ years in the industry, and as we celebrate [Women's History Month](#), we are honored to celebrate her career as a visionary and great team-builder in an industry that is often not thought to embrace women.

Looking around our neighborhood, and Bellevue as a whole, the construction projects we see have many women on building crews from engineers, flaggers, iron workers, project managers, and superintendents. The construction of the buildings we see today in The Spring District is a reflection of a more modern and inclusive workplace. From the design and development, to the on-site construction, women are present and essential to project completion. When asked about being a woman in a male-dominated industry and how things have changed over the years each woman noted the need to be committed to your goal, stay steadfast in your commitment and surround yourself with supportive individuals who recognize your value. The Spring District is proud of its role in an industry that welcomes and celebrates an individual's contribution, no matter their gender.



CINDY EDENS/
WRIGHT RUNSTAD & COMPANY



DENISE/BNBUILDERS



NEIGHBORHOOD EVENTS

**MARK
YOUR CALENDAR!**

MARK YOUR CALENDAR!

From a petting zoo in April to late summer movies, The Spring District has something for everyone this year.

April 5 - Spring Fling with a petting zoo and a visit from the Easter Bunny!

July 5 & 19 and August 2 & 16 - In conjunction with [Bellevue Downtown Association's Bellevue Beats & Bites summer concert series](#), The Spring District is hosting Lunchtime Concerts!

First Wednesdays each month May to October - [Bellevue Farmers Market](#) returns to The Spring District! Get everything from produce to flowers and enjoy Boba Tea while you shop! Each market will feature local live music in the park.



SUMMERTIME MOVIES RETURN TO THE SPRING DISTRICT!

You bring the chair, we'll supply the popcorn!

Movies begin at dusk.

Thursday, August 31 - [Moana](#)

Thursday, September 7 - [The Greatest Showman](#)



NEIGHBORHOOD EVENTS

The Spring District Spring Fling!

April 5th, 2023



Welcome back the sunshine!

Enjoy a Petting Zoo & a visit from the Easter Bunny!

The Spring District
April 5, 2023, 2:00-4:00 pm

Tract C Park
12104 NE District Way
Bellevue, WA 98005

Public parking located on the surface lot at
the corner of NE Spring Blvd and 124th Ave NE



MARCH CELEBRATIONS

HOLI

[March 8, 2023](#)

Holi celebrates the triumph of good over evil and the divine love of Hindu god Radha Krishna. Holi celebrations have spread throughout the world as a way to welcome the end of winter and the blossoming of love. Festivals allow people to come together in celebration to enjoy dancing and feasting. Sometimes Holi is referred to as a Festival of Color, where people celebrate the change of the season by drenching each other in bright colors and water. Holi festival allows one to rid themselves of past errors and end conflicts. Here's to a colorful Holi. Learn more [here](#).



ST. PATRICK'S DAY

[March 17, 2023](#)

For over 1,000 years March 17th has honored the anniversary of St. Patrick's death. The holiday is marked by parades, feasts and drinking, but if we look beyond the green beer, we will see a holiday that honors the patron saint of Ireland. St. Patrick is honored as the person who brought Christianity to Ireland.



As a youth, St. Patrick who is a native Britain, was kidnapped and held in Ireland for six years until he escaped. While held captive he spent much of his time in isolation working as a shepherd and became a devout Christian. After a revelation, he returned to Ireland as a missionary. Known for incorporating Irish culture and mythology into his lessons, St. Patrick uses the native Irish clover to explain the Holy Trinity: Father, Son, and Holy Spirit. Learn more [here](#).



RAMADAN

[March 22 - April 20](#)

Ramadan honors the month during which Muhammad received revelations from God, or Allah, via the angel Gabriel. These revelations are assembled in the holy book known as the Quran. Ramadan is celebrated as a holy month of fasting, introspection and prayer for Muslims, followers of Islam.

Islam is the second largest religion worldwide. Muslims observe Ramadan by not eating or drinking from dawn to dusk for the 30 days of the ninth month of the 12-month Islamic calendar. For this year, Ramadan begins the evening of March 22 and ends at sundown on April 20. The Ramadan celebration ends with a three-day festival known as Eid al-Fitr, when family and friends come together enjoying food and celebration. Learn more [here](#).

MONTHLY PHILANTHROPY

RAINIER ATHLETES

Rainier Athletes is a Bellevue-based not-for-profit organization focused on building long-term, meaningful relationships that help encourage a student's personal growth through sports, extracurricular activities and summer camps. In addition to a mentor-mentee relationship, the organization helps foster connections within the individual student's personal community, including the home, classroom and beyond. 70% of Rainier Athletes speak a language other than English at home and 75% had never participated in organized team or recreational activities prior to joining the program.

These mentor-mentee relationships provide a sense of commitment and stability for the students enrolled in the program. **The mission of Rainier Athletes is to affirm our youth's sense of purpose and belonging by intentionally connecting a community of teachers, coaches, families, and mentors.**

There are many ways to support this essential organization. You can [become a mentor](#), [donate](#), and/or attend their upcoming event: Shape the Future. Tickets go on sale in March. Learn more [here](#).



Local blood supply is critically low.

Please book your blood donation appointment at one of the locations below. Start to finish, your appointment should take about 40-60 minutes. Photo ID & face masks are still required. No one under the age of 16 years is permitted on site. Schedule your donation today at bloodworksnw.org/schedule or 800-398-7888.

[North Creek Presbyterian Church-Mill Creek](#)
March 6, 7, 8

[Holy Family Parish-Kirkland](#)
March 24

[Actalent Services](#)
March 10

[Sammamish Hills Lutheran Church-Sammamish](#)
March 24th

Appointments and masks are required at all Bloodworks donation sites and no guests under the age of 16 are permitted on-site. There is no deferral from donating after receiving a COVID vaccine. For more information, <https://www.bloodworksnw.org/about/news/coronavirus>

♥ *"Thank you for saving my husband's life. He is 34 and was just diagnosed with leukemia. This blood transfusion is helping him through his induction chemo."*



BloodworksNW.org / 800-398-7888

NEIGHBORHOOD HIGHLIGHTS



GREENER LIVING COMMUNITY CLASSES

Bellevue's popular free "Greener Living" classes are updated regularly based on need and interest. This spring includes a new virtual workshop "Dare to Repair" with resources and tips for repairing broken household items and an in-person Reducing Wasted Food workshop during National Food Waste Prevention Week! A mix of virtual and in-person workshops will be held throughout the year. Spring 2023 workshop topics include the following:

- Dare to Repair!
- Responsible Reorganizing
- Reduce Wasted Food
- Curbside Composting and Beyond
- Plastics: Problems and Possibilities
- Safer Cleaning and Healthy Home
- Super Sorter

For class dates, times, and locations visit BellevueWA.gov/greener-living-classes. Registration is required to attend classes. To register, email recycle@bellevuewa.gov or call 206-949-1787.

[#ChooseReuse](#)

Join other Eastside residents who choose to reuse! The cities of Bellevue, Bothell, Kirkland, and Redmond have partnered to reduce waste from single-use coffee cups this spring. Keep your eyes out for more information and join the campaign by bringing-your-own (BYO) cup to participating coffee shops and celebrating reuse efforts in your community.

Single-use plastic and paper items fill our landfills, pollute waterways, and impact precious natural resources, however they are also often avoidable. Choose to BYO coffee cup, water bottle, utensils, straws, and shopping bags when grabbing takeout or shopping this spring.

Why Reuse?

- Reusables Save the Planet: Over their lifecycle, reusable cups have lower greenhouse gas emissions compared to disposable alternatives.
- Reusables Reduce Litter: Transitioning to reusables could reduce trash on community streets by 67%.
- Reusables are Safe: Washington State Retail Food Code allows businesses to refill personal beverage containers. Reusables are safe and do not spread Covid-19.

It feels good to do your part to reduce pollution and other harmful environmental impacts!



Irish Guinness Brown Bread

By [Ina Garten Food Network](#)

It's still cold outside and the perfect weather to enjoy this hearty bread. Simply toast it and eat it with Irish butter or serve it alongside a hearty beef stew. Either way, everyone will be so happy.

INGREDIENTS

1 cup quick-cooking oats (not instant), such as McCann's, plus extra for sprinkling
2 1/4 cups whole wheat flour, such as Heckers
1/4 cup all-purpose flour
1/2 cup dark brown sugar, lightly packed
2 1/4 teaspoons baking soda
1 teaspoon baking powder
2 teaspoons kosher salt
1 (11- to 12-ounce) bottle Guinness extra stout beer, at room temperature
1 cup buttermilk, shaken
5 tablespoons unsalted butter, melted, plus extra for brushing the pan
1 teaspoon pure vanilla extract
Salted butter, such as Irish Kerrygold



DIRECTIONS

1. Preheat the oven to 450 degrees.
2. In a large bowl, combine the oats, whole wheat flour, all-purpose flour, brown sugar, baking soda, baking powder, and salt. In a separate bowl, whisk together the beer, buttermilk, melted butter, and vanilla. Make a well in the dry ingredients and pour the wet ingredients into the well. With your fingers, stir the batter from the middle of the bowl to the outside, until it's well mixed. It will look more like cake batter than bread dough.
3. Brush a 9 x 5 x 2 1/2-inch loaf pan with melted butter. Pour the batter into the pan and sprinkle the top with oats. Put the bread in the oven, immediately turn the temperature down to 400 degrees, and bake for 45 minutes, until a toothpick comes out clean. Turn the bread out onto a baking rack and allow to cool completely. Slice and serve with salted butter.



PRODUCED BY

WRIGHT RUNSTAD & COMPANY