



WHAT'S HAPPENING AT THE SPRING DISTRICT

SEPTEMBER 2022 NEWSLETTER

WHAT'S INSIDE:

- 03 Deloitte Harvest Day
- 04 BDA Hosts Tour of
The Spring District
- 05 September Events
- 06 Neighborhood Updates
- 06 Flu Clinic
- 07 Rock 'n' Roll Event
- 08 Philanthropy & Blood Drive
- 09 2022 Free Movies
- 10 Baked Pesto Salmon
Recipe

POINTS OF INTEREST

Deloitte Harvest Day
Rock 'n' Roll Running Series
Summer Movies



DELOITTE PNW GREEN TEAM HARVEST DAY CELEBRATION IN THE SPRING DISTRICT

[Deloitte](#) is an industry leader in audit, consulting, tax, and advisory services, and The Spring District was excited to host Deloitte's PNW Green Team for a Harvest Day Celebration. Deloitte's numerous Green Teams formed as part of their global climate change mitigation strategy, *WorldClimate*. The company's commitment to a greener future is evident by the number of participants throughout their organization globally. The mission of the group is to empower individuals with the knowledge to take sustainability-minded action. These values align with the mission of The Spring District as we cultivate and nurture a new community in the heart of Bellevue. During the Harvest Day Celebration the Deloitte team harvested herbs and blueberries and learned about the growing cycle of the various tree fruits throughout The District. The team looks forward to harvesting strawberries in the spring and plums next summer.

Thank you PNW Deloitte Green Team!



BDA HOSTS TOUR OF THE SPRING DISTRICT

[Bellevue Downtown Association](#) members toured The Spring District on August 9, 2022, to learn first hand how development of The Spring District over the last decade has produced an entirely new type of neighborhood in Bellevue.

Guest speakers who led the vision and buildout were stationed throughout the route to explain the thinking behind the work and investments. The group heard from a variety of speakers, including Greg Johnson, President of Wright Runstad & Company; Linda Hoffner, Senior Property Manager of The Spring District; John Chelminiak, Former Mayor of Bellevue; Sean Carr, Executive Director and CEO of Global Innovation Exchange.

Participants concluded the visit with an al fresco reception to discuss key findings and enjoy refreshments from Bellevue Brewing. View more photos [here](#).



Photos courtesy of Bellevue Downtown Association



SEPTEMBER EVENTS

HISPANIC HERITAGE MONTH

September 15 - October 15, 2022

In the 1960's Hispanic Heritage recognition started as a week-long commemoration to promote the history, culture, and contributions of Hispanic-Americans. This significant, nationwide celebration features festivals and educational activities honoring independence day for much of Latin America. In addition, it highlights the significant contributions by Latin Americans culturally and economically.

Learn more [here](#).



LABOR DAY

Monday, September 5, 2022

This Federal Holiday was created as a way to honor the American Labor Movement and the many ways workers and laborers have contributed to society. The first state to recognize Labor Day as a public holiday was Oregon in 1887. Enjoy your long weekend. You've earned it.

Learn more [here](#).



FREE COMMUNITY LIBRARY

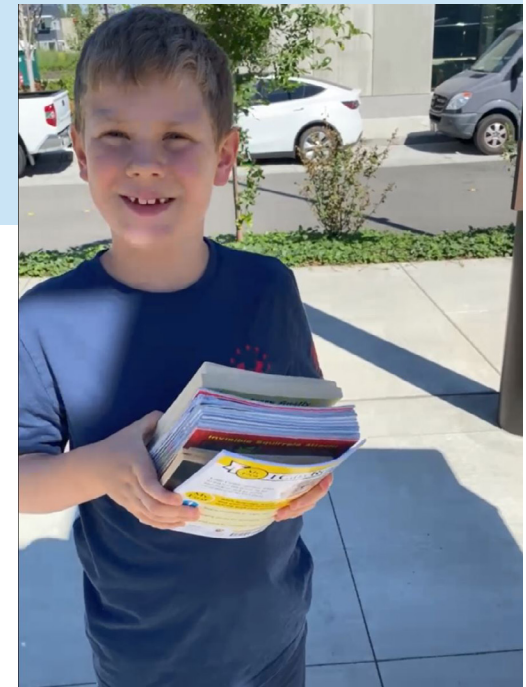
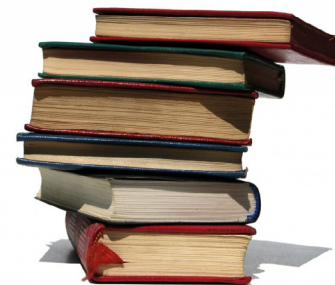
Take a Book. Share a Book.

Have you been enjoying the free community library? If not, please stop by the little library near the swings and see what treasures await. We are inspired by how the neighborhood is enjoying the library, but we need more books! Please donate if you are able and join the fun.

Don't forget to tag The Spring District on Instagram [@thespringdistrict](#) so we can share in your enjoyment of the new amenity!

"There is no friend as loyal as a book."

Ernest Hemingway



NEIGHBORHOOD UPDATES

BLOCK 13

Construction started last month on the block located directly behind the GIX building. The building is known as Block 13. Due to this construction, there will be periodic traffic delays within The District.

Block 13 is a new, nine-story office building with approximately 208,000 square feet of office space centrally located in The Spring District. The beautiful building designed by NBBJ Architects, is set to open in 2024. The building is 100% leased to Meta. Read more [here](#).



BELLEVUE LIGHT RAIL DELAYS

Due to construction delays, the light-rail service to the Eastside will be delayed until mid-to-late 2024. The recent concrete strike, the need to rebuild 4 miles of track due to flawed concrete track supports, and unstable land near Kent have all contributed to the construction delays from Lynnwood to Federal Way.

Those of us eager to utilize our very own Spring District/120th Station on the East Link Extension line will have to wait a bit longer. Read more about the delays [here](#) and about the East Link Extension [here](#).



Fight the Flu!
Get the Flu Shot!

Flu Clinic:

Tuesday, September 13

GIX/Steve Balmer Building

12280 NE District Way

Room 131

2:00 pm—3:30 pm

***First Come;
First Served!***

The Spring District is coordinating with Global Innovation Exchange and Bartell Drugs to bring a Flu Clinic to The Spring District on **Tuesday, September 13!**

Bring your insurance card or \$45.99

There will be paperwork to fill out on site. Flu shots are given on a first come-first served basis.

Walk-ins only!

Know the facts about the Flu Shot.

The CDC's website has useful resources.

[Click here for facts about the flu.](#)



NEIGHBORHOOD EVENTS



The Rock 'n' Roll Running Series is taking place in Bellevue this weekend, September 3-4, 2022. A kid's course, Kids Rock, takes place on Saturday beginning at 9:00 a.m. at Bellevue Downtown Park. The Half Marathon course takes place on Sunday morning, starting at Bellevue Downtown Park at 6:30 a.m. taking racers throughout Bellevue, including The Spring District, and ending back at Downtown Park. Don't miss this fun opportunity to grab your coffee, cheer on the athletes as they wind their way through our neighborhood, and listen to live music from [Flashback Nation](#). The Spring District represents the mile 3 marker and was strategically chosen by race directors for a band venue, water station, and medic station, making it one of the most active spots on the course! The full interactive course map can be found [here](#).

Learn more about street closures [here](#).



Impacts to The Spring District Sunday, September 4, 2022.

- Race Starts at 6:30 a.m. in Bellevue Downtown Park.
- All streets within The Spring District grid will be CLOSED between 5:45 a.m. – 8:30 a.m. Traffic enforcement and race volunteers will be on site during road closures.
- Join us in the park to cheer on the runners and enjoy the live music.
- Full race details can be found [here](#).

THIS MONTH'S PHILANTHROPY

St. Jude Children's Research Hospital

The mission statement of St. Jude Children's Research Hospital is to advance cures, and means of prevention, for pediatric catastrophic diseases through research and treatment. Consistent with the vision of the founder of St. Jude, Danny Thomas, no child will be denied treatment based on race, religion or a family's ability to pay. Families never receive a bill for treatment, travel, housing or food. With this burden removed, families are free to completely focus on the care and survival of their loved one.

Runners participating in the Rock 'n' Roll Run have the option to raise funds in support of St. Jude Children's Research Hospital and make their participation a meaningful personal commitment to improving the lives of sick children. If you are interested in showing your support towards this important cause, please follow the donation link below:

https://www.stjude.org/donate/donate-to-st-jude.html?sc_icid=why-support-top-bttm-donate



Summer's Here! Here's your summer readiness checklist:

Stay cool for an hour, relax with your feet up in an air conditioned space, while saving a life. Blood donors are needed this summer at any of the locations below. Please book an appointment, and arrive with a face mask and photo ID.

For donation eligibility information call 1-800-398-7888. If you are a 16-17 year old donor, you must arrive with a signed [parental consent form](#).

Pop-Up @ Holy Family Kirkland

Sept 7

[Book a Donation Appointment](#)

Pop-Up @ Monroe

Sept 12-13

[Book a Donation Appointment](#)

Pop-Up @ Keller Williams Eastside Realty

Sept 14-16

[Book a Donation Appointment](#)

Pop-Up @ Woodinville

Sept 19-21

[Book a Donation Appointment](#)

Pop-Up @ Mary Queen of Peace

Sept 26-28

[Book a Donation Appointment](#)

Pop-Up @ North Creek Presbyterian Church

Sept 26-28

[Book a Donation Appointment](#)

Appointments and masks are still required at all Bloodworks donation sites and no guests under the age of 16 are permitted onsite. There is no deferral from donating if you recently received a covid vaccine. For more information, visit <https://www.bloodworksnw.org/about/news/coronavirus>

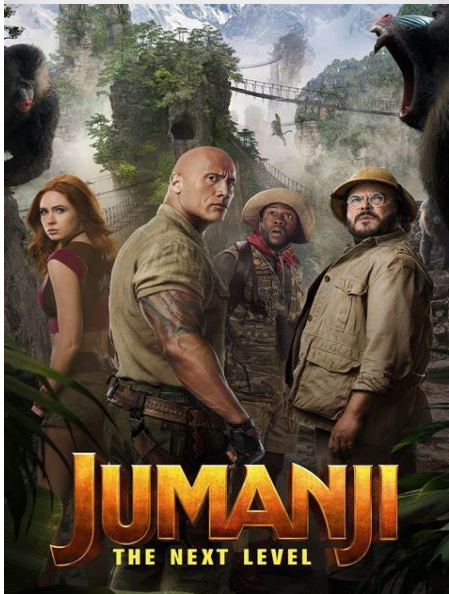


BloodworksNW.org / 800-398-7888



09/01/22–Rated PG

Movie starts at 8:10pm



09/08/22–Rated PG-13

Movie starts at 7:55pm

The Spring District **Free** Outdoor Movies

Where: 12167 NE 14th Terrace, The Spring District Plaza

Located by the bocce ball court and stage

When: Thursday, September 1st & 8th

Seating starts at 7:30pm

**Food for purchase
from Food Trucks
5-8pm!**



You bring the chair; we'll supply the popcorn!

BAKED PESTO SALMON

By [Healthy Fitness Meals](#)

This Baked Pesto Salmon recipe is made with just 4 ingredients and done in 20 minutes. The oven-baked fillets are moist, healthy, and so flavorful. This is an easy and delicious weeknight dinner.

4 Servings

Ingredients

12 oz salmon fillets
Kosher salt and ground pepper to taste
1/3 cup homemade pesto sauce divided
1 pint cherry tomatoes

Instructions

- 1) Preheat the oven to 425F.
- 2) Season the salmon fillets with some salt and pepper. Lay the fish, skin-side-down, in a baking dish, large enough to fit the salmon and tomatoes.
- 3) Add 2-3 tablespoons of the pesto sauce over the fish. Spread evenly to cover the fillets. Add cherry tomatoes to the sides of the fish.
- 4) Bake uncovered in the preheated oven for 12-15 minutes until the fish is opaque and begins to flake with a fork.
- 5) Transfer the fish to a serving platter and serve with remaining pesto sauce on top. Serve immediately!



If you make this recipe, snap a photo or video and tag us on Instagram @[TheSpringDistrict!](#)
We want to know what healthy meals you're making as we head back to school.



PRODUCED BY

WRIGHT RUNSTAD & COMPANY