



WHAT'S HAPPENING AT THE SPRING DISTRICT

APRIL 2022 NEWSLETTER

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POINTS OF INTEREST

Celebrate Spring

Earth Day 2022

Smoked Salmon Frittata

REOPENING WITH REUSABLES!

By Erin Hislop, Utilities Conservation and Outreach Program Coordinator

As we start to see the light at the end of the pandemic tunnel and our community and businesses reopen, let's work together to reopen with reusables. Remember, *Every Day is Earth Day!*

- Going shopping? Don't forget your tote bag!
- Grabbing takeout? Remember to refuse plastic utensils and keep some reusable utensils in your car!
- Thirsty? Skip the straw with your favorite beverage and don't forget your reusable water bottle!

Want to learn more? **Take a free Greener Living Class.** City of Bellevue Utilities is offering a number of free, virtual classes to protect our planet. Topics include becoming a Super Sorter of recycling and compost, Responsible Reorganizing, Sustainable Shopping, and more. Class schedule will be updated on line at BellevueWA.gov/greener-living-classes.

Does your business want free assistance with reducing waste and recycling right? **Bellevue Utilities is here to help!** Email recycle@bellevuewa.gov or call 425-452-6197 to talk to a conservation specialist.

Let's shift to a **zero-waste new normal** together. Together we can make a difference!

EARTH DAY IN THE SPRING DISTRICT

Earth Day

Friday April 22

1:00–3:00 pm in the Tract C Park

Join us this Earth Day for:

- Electronics Recycling Fair
- City of Bellevue Utilities Outreach
- The Spring District LEED-ND designation

Fun community activities!



APRIL HOLIDAYS

RAMADAN

April 2 - May 1, 2022

Observed by Muslims worldwide commemorating Muhammad's first revelation. Ramadan is honored by a month of fasting, prayer and reflection. Learn more [Here](#).



RAMA NAVAMI

Sunday April 10, 2022

The Hindu spring festival honors the birthday of Rama. The day is celebrated with festivals, praying, and fasting. Learn more [Here](#).

EASTER

Sunday, April 17, 2022

Easter is a Christian holiday commemorating the resurrection of Jesus. Learn more [here](#).



APRIL BRINGS MANY OPPORTUNITIES FOR REFLECTION

As flowers bloom and sunshine returns, we are all moved to get outside for wellness and mindfulness, as well as some fun and games.

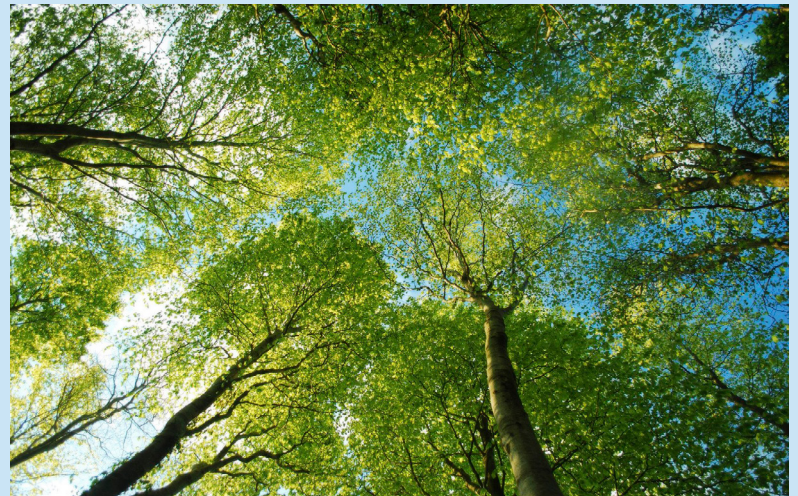
4/1-4/30 - Skagit Valley Tulip Festival - The Tulip Fest is up north but be sure to check out the blooms around The Spring District.

4/13 - National Scrabble Day - Play giant Scrabble along the GIX Courtyard (game pieces available at The Spring District Management Office).

4/22 - Earth Day - Don't forget to bring your e-waste from home!

4/27 - National Administrative Professional Day - Treat your admin to coffee at The Spring Cafe.

4/29 - Arbor Day - Play giant chess under the trees of Tract C Park (game pieces available at The Spring District Management Office).



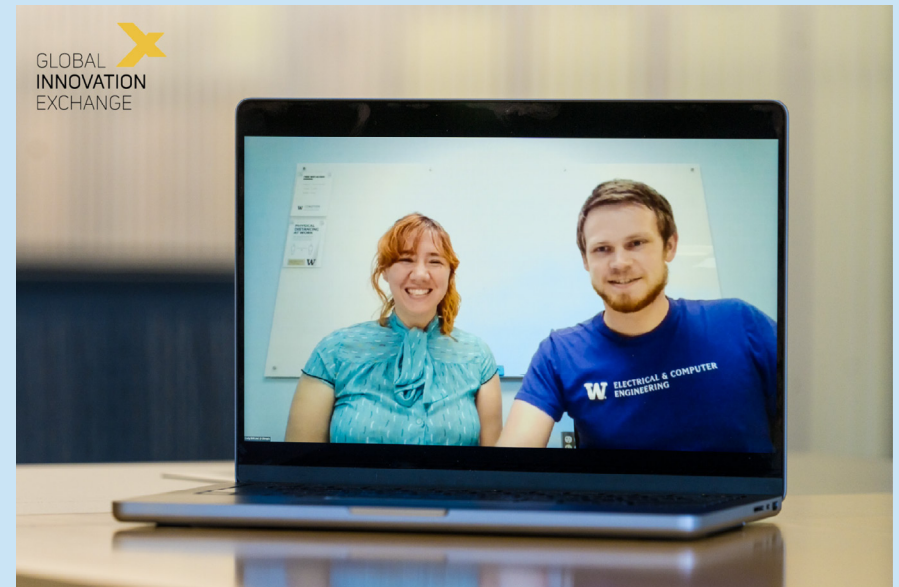


BLOCK 13 IS MOVING AHEAD

The Daily Journal of Commerce reported on March 28, 2022, that Block 13, 1325 123rd Ave NE is closer to final permits, with an anticipated groundbreaking later this year. Read [here](#) for more details.

TEAM ULTROPIA WINS 2022 GIX INNOVATION COMPETITION

The GIX Innovation Competition invited global competitors to submit technological solutions that improve health, wellness, and the environment at home. First prize is awarded to Cody Birkland, Amy Swanson, and Lloyd Dees of Team Ultropia. Their project uses ultrasonic energy to clean and dry clothing, resulting in significantly reduced energy usage and increased access to clean clothes for those around the world. Team Ultropia wins the first prize of \$8,000 and three Oculus Quest 2s. Read more: [Team Ultropia Wins the 2022 GIX Innovation Competition](#) - Global Innovation Exchange (gixnetwork.org)





Celebrate **SPRING** with The Spring District

- Get your photo with the Easter Bunny
- Have fun in the petting zoo
- Join the egg hunt in the lawn
- Enter the coloring contest



Friday
April 15, 2022
2:00-4:00 pm

The Spring District
Tract C Park



Celebrate Spring with The Spring District

Celebrate spring by getting up close and personal with [Animal Encounters](#), getting your photo with the Easter Bunny, participating in an Easter egg hunt, and entering the coloring contest.



Join us for family fun on

Friday, April 15, 2022

2:00-4:00 pm

Sheep shearing resumes at Kelsey Creek Farm

For additional springtime fun, Sheep-shearing--the annual ovine shave ewe just can't miss--resumes at [Kelsey Creek Farm](#) this year, Saturday, April 30, 11 a.m.-4 p.m. The event will include spinning demonstrations, children's crafts, tractor-pulled wagon rides, pony rides, heritage displays and food.



KELSEY CREEK FARM

Go back in time and visit the site of the historic Fraser Cabin. Along with hiking and jogging trails, the farm is home to two historic barns. Learn about farming and caring for farm animals. Kelsey Creek Farm's mission is: to preserve the site's natural resources; to share its historic farm environment with the community through education; to provide free and/or affordable programs, activities and events; and to support and interpret this unique and treasured public farm. You can help preserve the farm's legacy by participating in its annual programs. They host Spring and Summer Programs, as well as events throughout the year. [Click here to learn more about these programs.](#)

Read [here](#) for more information about Kelsey Creek Farm.



Celebrate Spring as a Lifesaver!

The need for blood never stops! Each day Bloodworks Northwest needs 1,000 donors so that our community hospitals have the inventory they need to treat all of their patients. The gift of one hour of your time, and one pint of your blood will help to save the life of another. Please book your blood donation appointment for any day this Spring that fits into your calendar. All Bloodworks donation locations are still being conducted with Covid protocols in place. No walk-ins, guests, or people under age 16 are permitted onsite. All donors are required to book appointments, and wear face masks.

For donation eligibility information call 1-800-398-7888. If you are a 16-17 year old donor, you must arrive with a signed [parental consent form](#).

Someone's tomorrow needs a blood donor today.

Seattle Central Donation Center
Open 7 days a week
[Book Donation Appointment](#)

Pop Up @ Normandy Park
April 26 & 27
[Book Donation Appointment](#)

Lynnwood Donation Center
Open 7 days a week
[Book Donation Appointment](#)

North Creek Presbyterian Church-Mill Creek
Plan ahead: May 24 & 25
[Find a Donation Center Near Me](#)

These options don't work for you?

Join us another time! [Find a different donation location.](#)

Have a question? [Email us](#). For more information regarding blood donation during COVID-19, visit <https://www.bloodworksnw.org/about/news/coronavirus>



BloodworksNW.org / 800-398-7888

Smoked Salmon Frittata

By Ashley Manila, [Baker by Nature](#)

Prep Time 15 minutes / Cook Time 15 minutes

INGREDIENTS 6 Servings

- 10 large eggs
- 1/2 cup heavy cream
- 1/3 cup whole milk
- 2 tablespoons scallions, finely chopped
- 2 tablespoons fresh dill, finely chopped
- 1 teaspoon fresh ground black pepper
- 1/4 teaspoon salt
- 2 tablespoons butter
- 3/4 cup red onion (about 1 large red onion), thinly sliced
- 4 ounces cream cheese, cut into small cubes
- 4 ounces smoked salmon, cut into large strips
- 2 Roma tomatoes, cut into thin slices
- 1 tablespoon capers

INSTRUCTIONS

Preheat the oven to 400 degrees (F).

Carefully crack eggs into a medium-large bowl; whisk eggs until well beaten and frothy; about 2 minutes by hand.

Whisk in heavy cream, milk, scallions, dill, black pepper, and salt; mix well to combine; set aside.

In a large ovenproof skillet, melt the butter over medium heat. Once it's completely melted add egg mixture to skillet.

Quickly layer the red onion, cream cheese, smoked salmon, tomatoes, and capers on top of the eggs.

Cook for 4 minutes over medium-heat without stirring or moving the eggs in any way.

At this point carefully transfer the skillet to the oven. Bake until the top is golden brown and the frittata is set; about 35 minutes.

Cool for 5 minutes, then cut and serve warm.





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