



# WHAT'S HAPPENING AT THE SPRING DISTRICT

FEBRUARY 2022 NEWSLETTER



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## POINTS OF INTEREST

TSD is LEED-ND

Black History Month

Mary's Place Bellevue

Welcome GolfTec

# THE SPRING DISTRICT AWARDED LEED-ND CERTIFICATION

The Spring District has been awarded '[LEED for Neighborhood Development](#)' (LEED-ND) certification for mixed-use development. The LEED-ND designation looks beyond the scale of buildings to consider entire communities and is a set of performance standards engineered to inspire and help create more sustainable, well-connected neighborhoods.

"We have maintained a focus on sustainability and environmental stewardship throughout the development of The Spring District," said Greg Johnson, CEO of Wright Runstad. "Our goal since the beginning was to create a vibrant, connected community where sustainability is a central pillar, and where residents can work, live and play in the heart of the East Side, while enjoying walkable streets, open spaces and independent shops. Achieving LEED certification is a significant milestone in delivering on this vision."

Key features of The Spring District that were instrumental in winning LEED-ND designation were: access to transit; walking and biking; water control and native habitat; and parking. To date, over four acres of open spaces have been constructed, planted with native plants and trees, and opened for public enjoyment. In addition, all surface water run-off is treated using bioretention cells before leaving the site to preserve and enhance the adjacent wetlands and waterways.



To minimize the environmental impact associated with parking structures (including traffic congestion, carbon emissions and material consumption), The Spring District received both occupant and city support to build parking at a lower ratio than the city requires in its standard code language. This strategy will encourage the use of alternative and more sustainable forms of transportation to and from the neighborhood.

The Spring District has delivered over 800,000 square feet of [LEED certified buildings](#), with an additional 650,000 square feet of LEED Silver-targeted projects currently under construction and another 530,000 square feet currently under design and permitting review.

[Read more here!](#)

## FEBRUARY EVENTS IN BELLEVUE



### SUSTAINABLE BELLEVUE COMMUNITY TOWN HALL

February 2, 2022, 6:30 - 8:00pm

It's free to **register** for the Virtual Environmental Stewardship Initiative Townhall. [The Bellevue Environmental Stewardship Plan](#) was adopted in December of 2020. Bellevue is working with residents and industry partners to reduce greenhouse gas emissions, ensure long-term access to clean energy, and to strive for zero waste of resources. See the full list of goals and targets here: [2021-2025 Environmental Stewardship Plan](#).

### BLACK HISTORY MONTH

February celebrates Black History Month. The University of Washington has curated an extensive list of events and resources to enhance your celebration and broaden your understanding. Click [here](#) to learn more.



In addition, The King Count Library System has a reading list honoring "[The Black Family: Representation, Identity and Diversity](#)".

## 2022 LUNAR NEW YEAR

February 1 begins the 2022 Lunar New Year. The year of the Tiger will be celebrated at [The Bellevue Collection](#) with a variety of cultural displays and virtual performances.



## WINTERGRASS 2022

Join the fun February 24-27 at the Bellevue Hyatt Regency. This year the event will be at 50% capacity but will meet in person. This four-day family-friendly event presents bluegrass music from four different stages. [Get your tickets!](#)

## WINTERGRASS

## PRESIDENT'S DAY - FEBRUARY 21

Enjoy a long weekend in honor of our nation's presidents. To learn more about Presidents Day: [Click Here](#)



## THIS MONTH'S PHILANTHROPY

[Mary's Place](#) is a non-profit that has helped thousands of women and families access shelter and job security. Earlier this year Mary's Place opened an emergency shelter in the [Silver Cloud Inn in downtown Bellevue](#), a lifesaving resource for struggling families who have lost their home. According to the Bellevue School District nearly 300 students and families identify as homeless. Learn more about this shelter [here](#).

"We're meeting families where they are, bringing them inside to warmth and safety, providing housing and wellness resources, children's programming and a community they can trust," says Linda Mitchell, Chief Communications Officer at Mary's Place.

The Bellevue location offers 90-plus rooms for women and families. Last year Mary's Place assisted over 540 families with getting back into stable housing.

If you are interested in making a donation, immediate needs are for new or gently used coats, clothes, bedding, towels, diapers, wipes, kids' books, toys, and toiletries. Please drop off any donation items you may have at The Spring District Property Management Office: 1230 121st Pl NE, Apt C114, M-F 8:00am - 4:00pm. We are happy to collect the items and deliver them to Mary's Place. You can also create a valentine for a family at Mary's Place. Stop by!



## BELLEVUE DOWNTOWN ARTS MARKET CALL FOR ARTISTS

Apply to participate as one of the 100+ artists who showcase their artwork at the 2022 Arts Fair Weekend this July 30 - 31, 2022. [Submit your application](#) by March 1, 2022.

**Deadline for artists to apply for participation**  
**is March 1, 2022.**

To view the 2021 list of participants, visit this site: [2021 Artists](#)





# HAVE FUN THIS VALENTINE'S DAY

## JOIN THE SCAVENGER HUNT!

Find the Clues!

Stamp your Map!

Turn it In!

Enter to Win!

The morning of February 14, The Spring District Management Team will hide four treasure boxes around the neighborhood. Each box will contain a fun fact about our community and provide a clue directing you to the next box. Stamp your map with the stamp provided; move on to the next clue.

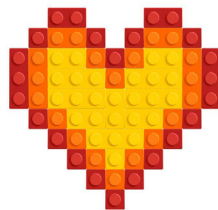
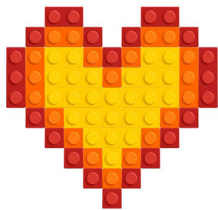
\*Maps available in The Spring District Management Office and each Apartment Leasing Office

After you've found all four clues, turn your map into The Spring District Management Office at 1230 121st Pl NE Unit C114, Bellevue, WA 98005 before 4pm to claim your Valentine's Day Treat.

Participants can also enter to win a Spring District themed basket!

We look forward to seeing you out and about.

Happy Valentine's Day!



## Scavenger Hunt Map

### Join the Valentine's Day Scavenger Hunt

Monday February 14, 2022

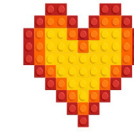
-Find all four clues throughout The Spring District.

-Stamp your map at each clue.

-Bring your map to The Spring District Management Office at

1230 121st Pl NE Unit C114 & claim a prize.

-You can also enter to win a raffle prize!



1 - There's Art in the park!

2 - Showtime! Hit the stage!

3 - Playin' around the park!

4 - We love our retail!

FINISH - You've found us!

## WELCOME GOLFTEC TO THE SPRING DISTRICT

With GolfTec opening in The Spring District, the Bellevue area has access to great golf instruction, lessons, and golf club fitting just in time for spring. Visit their new location at 1375 121st Ave NE, Suite 150, Bellevue, WA 98005.

Go to their website to learn how you can begin to improve your game: [GolfTec - Bellevue](#)



**They say that kindness is love in action.** We believe that donating blood is the very best example there is of the kindness of a stranger. Blood donations go to people we don't know and will never meet, yet it's an act of kindness that changes the course of that stranger's life. The impact of your donation is measured in the remissions, recoveries, and second chances they directly help create.

**Someone's tomorrow needs a blood donor today.**

Your help is needed at one of the donation sites listed below. Please book a blood donation appointment now, to ensure that local hospitals have the inventory they need to assist all patients in need. All donations are by appointment only. The one hour donation appointment is a safe and essential action. No walk-ins, guests, or people under age 16 are permitted on site. All donors are required to wear masks during their appointment. If you need assistance making an appointment, please call 1-800-398-7888 or visit [schedule.bloodworksnw.org](https://www.bloodworksnw.org).

**Bellevue Donation Center**  
Open 7 days/week  
[Book Appointment in Bellevue](#)

**Tukwila Donation Center**  
Open 7 days/week  
[Book Appointment in Tukwila](#)

**Newport Yacht Club-Bellevue**  
February 25 & 26  
[Book Donation Appointment](#)

**Federal Way Donation Center**  
Open 6 days/week  
[Book Appointment in Federal Way](#)

These options don't work for you? Join us another time! Find a different donation location

If you recently received a COVID19 vaccine, you do not need to wait to donate blood.

Have a question? Email us. For more information regarding blood donation during COVID-19, visit <https://www.bloodworksnw.org/about/news/coronavirus>



BloodworksNW.org / 800-398-7888

## Winter Citrus Salad by No Spoon Necessary

This stunning Winter Citrus Salad is quick, easy and comes together in less than 15 minutes! Finished with a Honey Citrus Vinaigrette, it's the perfect refreshing side or light dinner!

Total Time 15 mins

### Ingredients Salad:

- 1 large head Bibb Lettuce (Little Gem, Boston or Living Lettuce) - leaves separated
- 1 Blood Orange - peeled and thinly sliced
- 1 Cara Cara Orange - peeled and thinly sliced
- 1 Mandarin Orange - peeled and cut into segments
- 1 Avocado
- 1 small Shallot - thinly sliced
- ½ Seedless Cucumber - thinly sliced
- Handful Fresh Mint or Parsley - torn
- ½ Cup Pomegranate Arils
- 1/3 Cup Walnuts - toasted and roughly chopped
- 1 Cup [Honey Roasted Chickpeas](#)

### Ingredients Dressing:

- 2 TBS Orange Juice
- 1 TBS Lime Juice
- 1 TBS Apple Cider Vinegar
- 1 TBS Honey
- 1 tsp Dijon Mustard
- 1 small clove Garlic - minced or pressed
- Kosher Salt & Black Pepper
- 1/3 Cup Extra Virgin Olive Oil



### Instructions

Make the dressing: In a small bowl or jar, whisk or shake together the orange juice, lime juice, vinegar, honey, Dijon and garlic. Season with salt and pepper to taste. While whisking, stream in the olive oil. Taste and adjust for seasoning with salt and pepper and adjust for sweetness with more honey if desired. (Dressing will keep in a sealed jar in the refrigerator for a week.)

Assemble the salad: Layer lettuce with oranges, avocado, shallots, cucumber and fresh herbs. Sprinkle with pomegranate, walnuts and crispy chickpeas.

To serve: Drizzle with dressing and serve immediately. Enjoy!

### Notes:

If you want to save time and make this citrus salad quick and easy, you can use plain (un-crisped) chickpeas. Simply rinse and drain the chickpeas then add them to the salad as is. If you aren't a fan of chickpeas, you can substitute rotisserie chicken or salmon for the chickpeas! Or, if you are looking for a protein boost, feel free to use both chickpeas and chicken or salmon!

Make sure you remove as much of the white pith around the oranges as possible to avoid any bitter taste.

\*Nutritional information includes dressing, but does not include crispy chickpeas. Calories: 389kcal | Carbohydrates: 26g | Protein: 4g | Fat: 32g | Saturated Fat: 4g | Sodium: 23mg | Potassium: 619mg | Fiber: 6g | Sugar: 15g | Vitamin A: 1715IU | Vitamin C: 44.1mg | Calcium: 59mg | Iron: 1.5mg





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