

A young woman with long brown hair, wearing a denim jacket and sunglasses on her head, is smiling and holding a white bowl of food. The bowl contains a salad with tomatoes, cucumbers, and meat. In the background, other people are visible, and there are strings of warm white lights hanging from above, suggesting an outdoor market or festival setting.

WHAT'S HAPPENING AT THE SPRING DISTRICT

MARCH 2021 NEWSLETTER



WHAT'S INSIDE?

- 03 Bring Your Pet to PMO
- 04 Block 24 Status
- 05 Neighborhood Updates
- 07 Philanthropy

POINTS OF INTEREST

Bring your pet into the Property Management Office for a treat on March 17

Food trucks in the Spring District for lunch and dinner on Tuesdays and Thursdays

Bloodworks Donation Center locations and hours (see p6)



LOVE FOR PETS

A pet can add so much love to our lives! They offer us companionship and friendship. They're our walking buddies, best friends, and part of our families.

On Wednesday, March 17th, we would like to invite you and your pet to stop by The Spring District Property Management Office and introduce us to your furry friend. Swing on by and grab a treat for your precious pooch and if you're wearing green, you can snag a St. Patrick's Day goodie for yourself!

We're located in the Sparc Apartments' street level unit C-114 on the corner of NE District Way and 122nd Ave. NE.





CONSTRUCTION STATUS OF BLOCK 24

The 10-story office building on the southside of NE District Way at the entrance to The Spring District is nearing completion. You may have noticed elements of the lower stone facade being put into place recently. The exterior elevator has also been removed.

Work on the interior systems, as well as wall and flooring finishes, are currently underway and will continue over the coming months.

MARCH IS WOMEN'S HISTORY MONTH

February was Black History Month which provided us an opportunity to reflect upon the history of this great nation, the progress we've made, and the necessary work that continues today. In March, we get to celebrate the women who have shaped history.

Women play a significant role in developing and shaping Washington state. All of us contribute. Some are noted in history; many forever go unnoticed. Here is a link to ["Historical Women of Washington State"](#), a list of 20 women published by The Seattle PI in 2016. If you are interested in Bellevue's history, the Eastside Heritage Center is offering a virtual lecture, "The Eastside Story" on Monday, March 15th from 7pm - 8:30pm. Click [here](#) to register for this free event.



Image courtesy of The Seattle PI

NEIGHBORHOOD UPDATES

FOOD TRUCK ACTIVITY

Food trucks are now in The Spring District on Tuesdays and Thursdays! Lunch is available from 11am - 2pm, dinner from 4pm - 7pm.

Starting on March 2nd, you will find the food trucks located on NE 14th Terrace, near 123rd Ave. NE, along the recently completed park expansion area. Here there are many benches where you can have a seat on the spacious paved area. As the weather warms up, this will be a lovely place to enjoy your food truck favorites!

Follow this [link](#) for the schedule of food trucks to be in The Spring District.



COMING TO BELLEVUE'S SPRING DISTRICT.....

FOOD TRUCKS!

SCHEDULE ~ MENUS ~ ORDER
STREETFOODFINDER.COM/SPRINGDISTRICT



TUESDAYS & THURSDAYS

11 - 2 ★
& ★
4 - 7 ★

HOSTED BY:
**WRIGHT RUNSTAD &
COMPANY**

★ **BEGINS:**
★ **FEB**
★ **9TH**

121ST AVE NE & NE 14TH TERRACE ST.

A PROGRAM OF THE
WASHINGTON STATE FOOD TRUCK ASSOCIATION



NEIGHBORHOOD UPDATES

SPRING AND WARMER WEATHER

As the season moves into spring, we look forward to more outside activities. We would like to remind pet owners to encourage their dogs to please utilize the Pet Patch area located on the corner of NE District Way and 124th Ave. NE. This space is designed for pets with a waste bag dispenser and deposit receptacle. We will be upgrading this area very soon! Thank you!

The Spring District has many features which add to outdoor enjoyment. Here is information on a few areas in the Community Park space:

- The water feature fountain will be running again this spring
- Swings and bocce ball court
 - » The swings' high-touch points are cleaned twice daily
 - » Contact Property Management for more information
- Coming soon - checkout for chess pieces, scrabble tiles, and ping pong
- Please contact us with any questions you have on the Community Park and activities
 - » tsdmgmt@wrighttrunstad.com



Pop-Up Donor Centers are coming to our area
You can help support patients in the area by donating at one of the Bloodworks Northwest pop-up blood drives that is coming to the eastside in March.

Donating blood is an essential and encouraged activity critical to sustaining community healthcare, especially during emergencies. Your one-hour donation appointment is a safe action to support local hospitals and patients. Pop-Up Donor Centers are being conducted in accordance with social distancing guidelines.

Mary Queen of Peace | 1121 128th Ave SE | Sammamish

March 1st to 11th | 9 to 5 | [Sign Up Here](#)

Herzl-Ner Tamid | 3700 E. Mercer Way | Mercer Island

March 8th to 11th | 9 to 5 | [Sign Up Here](#)

Blakely Hall | 2550 NE Park Drive | Issaquah Highlands

March 26th and 27th | 9 to 5 | [Sign Up Here](#)

You can find all other Bloodworks donation sites [here](#).

Together, we are community driven. Donate by 3/17 for your chance to win a car! Learn more at bloodworksnw.org/winacar.

“Thank you for your donation to my son. He is undergoing cancer treatments and this is **truly life giving** for him. We are forever grateful.”

-The parent of a recent transfusion recipient

No walk-ins, guests, or people under age 16 are permitted onsite. Donors are asked to bring a mask/face covering to your donation and appointments are required. To make your appointment, visit the above link or call 800-398-7888. Please see bloodworksnw.org/coronavirus for more information on steps we're taking to keep our donors and staff safe. Been told in the past that you aren't eligible to donate? Criteria has recently changed. [Click here](#) to learn more about recent changes the FDA has made to donor eligibility criteria.

WOMEN IN MEDICINE

This month, we celebrate the women who contribute to science and medicine. Listen to Bloodworks 101 episode on our own newly retired Dr. Becky Haley, who took a pioneering path with a century-old technique, using antibody-rich “convalescent plasma” from donors who’ve recovered from COVID-19 to transfuse into patients currently sick with it, giving their immune systems a boost that could prove lifesaving. It worked with other pandemics, and Dr. Haley thinks it’s worth a try this time too. Listen to find out why.

This month, we celebrate the women who contribute to science and medicine. Listen to Bloodworks 101 episode on our own Dr. Becky Haley, former Medical Director of Cord Blood Services, the National Marrow Donor Program Donor Center and Apheresis Center at Bloodworks Northwest. She also gave medical direction for Blood Collection Services. She has more than 20 years of experience in blood center management and biotechnical development. But more than that, Dr. Haley serves as an inspiration to young women considering a career in science.

Listen to the podcast [here](#).

Read the blog post [here](#).

The Blood Line



REV IT UP SWEEPSTAKES

The red light is about to signal on Bloodworks’ 2021 Rev It Up Sweepstakes, but there’s still time to donate! In partnership with Haselwood Auto Group, Bloodworks wants you to join the effort to maintain a stable, healthy blood supply. Donate by 3/17 for your chance to win one of nine pre-selected automobiles. Together, we are community driven for local patients.

Check out the terms and conditions at bloodworksnw.org/winacar.

All donations are by appointment only. The one hour donation appointment is a safe and essential action. The Pop-Up Donor Centers are being conducted in accordance with social distancing guidelines. No walk-ins, guests, or people under age 16 are permitted onsite. All donors are required to wear masks during their appointment. For more details on Bloodworks’ coronavirus guidelines, visit bloodworksnw.org/coronavirus.

To make your appointment, call 1-800-398-7888 or visit schedule.bloodworksnw.org.

COMMUNITY DRIVEN
Donate Blood,
Win a Car!

BOUND BY BLOOD

DEC 28 - MAR 17

Bloodworks Northwest | HASELWOOD AUTO GROUP

THIS MONTH'S PHILANTHROPY

The Sophia Way is a social outreach partner whose focus is support and access to services and resources for women experiencing homelessness in King County.

VISION All women have a place to call home.

MISSION The Sophia Way is a place of hope and change for women. We support them on their journey from homelessness to safe and stable living.

VALUES

Welcoming - We create a warm, welcoming space where everyone feels a sense of belonging.

Dignity - We respect everyone, treating them with grace and honoring their lived experiences.

Supportive - We partner with women and ask how we can best support them on their journey.

Compassionate - We build and nurture relationships, being mindful and understanding that every woman has her own story to share.

Inclusive - We value and embrace diversity and experiences, giving everyone the space to be their full, authentic selves.

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To learn more about The Sophia Way and see how you can offer support, please follow the link below:

<https://sophiaway.org>

The Sophia Way
11061 NE 2nd Street
Suite 223
Bellevue, WA 98004
425.463.6285



About The Sophia Way

- » The idea for the organization began in 2006 and was led by Helen Leuzzi, a philanthropist and passionate women's advocate
- » The Sophia Way opened its doors in 2008
- » In 2012, The Sophia Way became an independent 501(c)(3) organization
- » They operate two shelters, Sophia's Place and Helen's Place, as well as provide legal assistance, case management, and a multitude of services



Information and images courtesy of The Sophia Way, 2020



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